



# Promising Futures

2005–2006 Annual Report



**Kinark**  
CHILD AND FAMILY SERVICES  
CARING • HELPING • HEALING



Caring >

# Message from the President and Executive Director

“Childhood decides”

Jean-Paul Sartre

Or, paraphrased today, we might say “Childhood and adolescence decide”. But decide what?

Decide, of course, the life of the adult that every child will become. Decide also to a certain extent the lives of brothers and sisters, and decide too the experience of the entire extended family. And in the largest sense decide the richness and capacity – the “brighter futures” of our communities.

At Kinark, these are obvious truths. Some 800 staff – front line clinical professionals, support staff and management – and over 300 volunteers know how precious and important young lives are.

The importance of mental health has been recognized at a Federal level by the recent publication of the Kirby/Keon report, *Out of the Shadows at Last*. The report notes that whereas mental health is the orphan of our health system, children’s mental health is the “orphan of the orphan”<sup>1</sup>.

Members of Kinark’s Board of Directors have always been passionate about the well being of children and youth. Recognizing the issues identified in the Kirby/Keon report, the Board’s advocacy efforts will continue to focus on the lack of public awareness of children’s mental health, the irrational stigma associated with mental illness, and the need for adequate funding for services for children and youth.

With support from our Association (Children’s Mental Health Ontario), Board members are joining with others to continue to get the message across all communities throughout Ontario.

The Kinark Board works closely with a strong Provincial Management Team to ensure the agency operation is as efficient as possible. Two issues of particular concern this year have been the Agency’s challenges recruiting and retaining staff due to the need for competitive salaries, and the unacceptably long waiting lists for children requiring autism services.

While there are no easy solutions to these problems, they will be front and centre in our work for the coming year.

The establishment of the Kinark Foundation was and continues to be a priority of the Kinark Board. Under the guidance and consultation of Dale Biddell, all of the required paperwork to establish the foundation has been filed and the task team has progressed to developing the founding Board along with a brand identity. Continued efforts will see the foundation up and running within the year.

With the direction of Jane Rounthwaite, the Board of Directors and the Provincial Management Team have dedicated time and effort to building a solid strategic plan for the agency. The three year strategic operating plan paved the way for a redevelopment of our Key Result Areas (KRAs) to better reflect our work and our challenges. The new KRAs are: Clinical Excellence, High Quality Service, Employer of Choice, Respected Sector Leader, and Shared Capability and Capacity for Community Benefit. A new step this year is the

<sup>1</sup>The Standing Committee on Social Affairs, Science and Technology, *Out of the Shadows at Last*, p.155.



development of a long range plan that takes Kinark forward to 2016.

Using an inter-disciplinary approach for clinical excellence, we continue to deliver a broad continuum of services. Our on-going challenge is to ensure programs are accessible, timely and evidence-based. Focusing on accessibility, this past year we began to retool our intake processes. Part of this included bringing together staff from across the Agency to work with our IT department to ensure our technology and processes at the front door provide maximum support for clients making their first call.

Results have been impressive,  
with over 83% of intake calls  
responded to immediately!  
As well, a pilot project in York  
introduced a new way of  
implementing first appointments.  
Built on a pathway system,  
this pilot is now being discussed  
by a cross-Agency team for roll  
out to other program areas.

One way Kinark continues to offer high quality service is by devoting resources to program evaluation and joining with research colleagues to examine service outcomes. We have been grateful this year to have had support from both the Provincial Children's Mental Health Centre of Excellence and the Hospital for Sick Children. Much of our work in the coming year will be to explore the implementation of evidence-based practices and the necessary clinical supervision to support this work. Clinical excellence indicators will be established and consistently evaluated. Corporate and program administrative services will also be assessed to ensure they are adequate to support the field effectively and efficiently.

Recognizing that our people are our most important asset, Kinark strives to be an employer of choice. It is essential that everyone connected to Kinark understands and feels linked to the vision and purpose of the agency. For this reason we have developed and implemented communication tools to reach across the Agency, as well as to our communities. We are pleased to have had Tracy Folkes Hanson join Kinark this year to provide leadership for our communication work.

As one of the largest children's  
agencies in the Province, to be  
a respected sector leader we  
have the responsibility to share  
knowledge and services with  
community partners. Sharing  
capability and capacity for  
community benefit means that  
we will be intentional about  
making resources available  
to others whenever possible.

Over the year we have done this in a number of ways. One example is the ongoing sharing of our information technology – specifically, our Client Information System (KIDS) – with other agencies. Another way has been the organization of Triple P training across communities in Simcoe and York. A third example is our partnership with the Centre of Excellence, the Office of the Child and Family Advocate, and Tikinagan (one of the far north Aboriginal Child Welfare Agencies) to address child and youth suicides and build community capacity in remote northern communities.

Elsewhere in this Annual Report you can read about Kinark's services. Their breadth and depth are impressive, but are only sustainable through the





dedication and commitment of a network of supports. Thanks to our Ministry funders and Ministry staff. Thank you, too, to the organizations and individuals who provide additional financial support. Thanks to our numerous community partners.

And to our staff and volunteers,  
we send our heartfelt thanks  
and gratitude for another year  
well done. Because of you  
our future looks bright.

At Kinark we continue to provide the best programs and services to the children, youth and the families we serve. Caring, helping and healing do indeed lead to promising futures for all of us.

**Bill Clarke**  
President

**Peter Moore**  
Executive Director





## Stats – Programs & Services

SERVICE	2005–2006	2004–2005
Family Services	2,504	2,568
Families First™	62	84
Intensive/Crisis	1,385	220
MST	61	24
0–6 Programs	295	339
Residential Treatment	85	86
Day Treatment	278	269
LIFT	1,172	1,097
WIN	720	737
STRIVE Outreach	93	83
Child Care	407	435
Supervised Access	262	254
Therapeutic Family Care	26	10
Respite/Volunteer	134	225
Syl Apps Secure Treatment	34	31
Syl Apps Youth Justice	164	114
Autism	186	160
Health Promotion	359	344
<b>TOTAL KINARK CLIENTS SERVED*</b>	<b>8,227</b>	<b>7,080</b>
Kinark Outdoor Centre	6,401	6,741

\*Note: TOTAL KINARK CLIENTS SERVED figure represents the total number of individual clients served throughout the year. Clients may be receiving more than one service in a year.

Detailed descriptions on programs/services listed appear on the following pages.



# Program Descriptions

## Central East Treatment and Family Programs

### Family Services

Within all of our program areas, a range of treatment services including individual, family and group counselling is provided to children and their families within local communities. These services are provided to children who are living at home or youth living on their own in their communities, as well as to children who are in residential care.

### Crisis/Intensive Services

**This category of specialized treatment services includes:**

#### Multi-Systemic Therapy (MST)

This evidence-based program works intensively with children and youth with extremely complex emotional, social and behavioural needs. Using a set of nine key principles, MST encompasses all aspects of children's lives to assist them in addressing their specific needs and to be more responsible for their actions. The involvement of everyone in the lives of the child/youth in question – families, peers, school personnel, community members – play integral roles in the successful delivery of the program. MST is delivered within the home and local communities.

#### Families First™

This program delivers intensive, short-term services to families within their own homes. Often referred to as the 'family preservation program', Families First™ helps families learn new skills and problem solving techniques needed to allow the child/youth to remain in their own home and prevent more costly out-of-home placement and potential family breakdown.

### Crisis Services

Crisis Services are programs that are supported by funding from the Ministry of Children & Youth Services and provided in collaboration with other agencies in local communities. Specifically, Kinark provides crisis response to children and families in York, Simcoe, and Durham.

### Residential Treatment

Children and youth in residential treatment are placed in home-like settings with communities. Child and Youth Workers, supported by other experienced professionals and clinicians, provide children's daily care and facilitate individual plans of care. Wherever possible, parents/guardians join staff and children at mealtimes, during bedtime routines, during quiet and fun times, to ensure that these relationships are maintained and fostered, facilitating reintegration back home.

### Education/Day Treatment

Kinark, in collaboration with local Boards of Education, offers education/day treatment in a number of our program areas. This service addresses the needs of children that cannot be met in the regular school system. The goal of the program is to reintegrate children back into their community schools or suitable alternatives as quickly and appropriately as possible.

### LIFT (Life Skills and Independence for Teens)

LIFT is a program offered to teens aged 13–19 in Kinark's Simcoe program. LIFT provides a supportive environment for young people to assist them with their transition towards independence. Information and skill training are offered in a number of areas including budgeting, personal hygiene, job readiness, problem solving, nutrition, anger management and communication.





## STRIVE (Supporting Teenagers in Readiness for Independence, Vocation and Education)

STRIVE is designed to give youth who exhibit significant behavioural, social, or emotional difficulties skills training in order that they may succeed in mainstream educational or vocational settings. Offered in the Peterborough program STRIVE provides a range of services including: community outreach, crisis intervention, one-to-one life skills instruction, and group programs for those at risk of depression and suicide.

## Child Care

Kinark provides child care in six locations in the northern sector of York Region. These centres provide care for children between the ages of 18 months and 12 years, in programs including Nursery School, Kindergarten and Before and After School Programs.

## Supervised Access Services

Kinark's highly respected Supervised Access programs provide safe, neutral and accessible locations where children can be supported during visits with their parents who are involved in custody/access disputes. Funded by the Ministry of the Attorney General, Kinark provides supervised access in Simcoe and Muskoka, as well as the Central East Four County Area. Kinark also provides administrative support to the Toronto Supervised Access program.

## Therapeutic Family Care

The Therapeutic Family Care service places children and youth with trained Treatment Parents and their Families. TFC is designed for children and youth who require greater structure and intensity of services than can be provided in their own family homes. The program encourages the achievement of every child's full potential by providing a stable and nurturing alternative family environment. Treatment parents work as part of a team with Kinark professionals,

along with the child/youth and the natural parents. Specific treatment plans for each young person are developed by the team and include permanent placement plans which, depending on the needs of the child/youth, may result in a return to the natural family, long-term family care, adoption, or independent living. Kinark is a licensed provider of foster care, and currently this program is available in Simcoe, York and Peterborough.

## 0-6 Programs

Kinark remains involved in an array of new programs for young children and their families, often in collaboration with other agencies in the communities where we are located such as Early Years Centres. 0-6 programs include the evidence-based services of 'Incredible Years' and 'Right from the Start' as well as Therapeutic Day Nursery programs and Preschool Consultation.

## Respite Programs

Responding to a strong and consistent message from parents with children/youth who are experiencing emotional and/or behavioural problems. Kinark offers Respite Relief services to families. Respite services help to keep families intact and prevent more intrusive, costly, long-term, out-of-home placement. Within the program, there are a wide range of flexible respite options: parent-to-parent counselling, in-home relief, weekly outings, and short term out-of-home placements for children of families during critical moments of stress.

## Triple P (Positive Parenting Program)

Triple P is a multilevel family intervention program for the prevention and treatment of behavioural and emotional problems in preadolescent children. Triple P is the latest in the range of evidence-based practices to be offered at Kinark. Triple P aims to prevent severe behavioural, emotional and developmental problems in children by enhancing the knowledge, skills and







confidence of parents. The program has been proven to work effectively across a diversity of cultures, socio-economic demographics and family structures. Triple P is currently being piloted in York and Simcoe with a range of community partners.

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## Youth Justice Services



Syl Apps Youth and Secure Treatment Centre (SAYC) operates two co-educational programs – secure treatment and youth justice (secure detention and custody). The secure treatment program provides services to youth aged 12–18 who have severe and complex mental health issues and put themselves or others at serious risk of harm. Youth in this program are admitted through Family Courts across Ontario. Residents in the youth justice program range in age from 12–18 and are referred most often through youth courts in Halton, Peel and Dufferin with regular admittance also from courts in Toronto and Simcoe County. The youth justice program also functions as a provincial resource for the placement of high-risk youth who require clinical support and programming that other facilities are not able to provide. In addition to on-site educational programming provided by the Halton District School Board, SAYC offers over 20 different therapeutic programs and support groups based on the individual strengths and needs of each youth at SAYC. All interventions are driven by clinical assessments and developed from evidence-based best practices. Rehabilitation and treatment are the guiding principles of the work done by the multi-disciplinary professional staff at SAYC.

## ISSP (Intensive Supervision and Support Program)

ISSP was developed to better meet the needs of youth in conflict with the law who have been identified with serious mental health issues. These youth are assessed as being extremely vulnerable in a secure custody setting. ISSP provides the courts with an alternative to custody that is different from other community support programs in terms of the level, type and intensity of the service.





## Autism Services



The Central East Preschool Autism Service (CEPAS) provides Intensive Behavioural Intervention (IBI) to children who have been diagnosed as having an autism spectrum disorder and who meet the criteria for program eligibility under the Ministry of Children and Youth guidelines. CEPAS also provides transitional support services for children who are phasing out of the program and entering into other community services, including schools. CEPAS offers two service options to families whose children are eligible for IBI services – the ‘Regional Program’ is a service option wherein clinical programs are provided through CEPAS and its partner agencies, and the ‘Direct Funding Option’ provides funding to families who wish to contract with their own private providers. Within the Regional Program, Kinark and its service partners provide both home-based and centre-based programs. The sustained increase in diagnoses of Ontario’s children on the autism spectrum continues to mean long and frustrating waits for families across the province to receive IBI services. Parent advocacy has assisted in bringing the immediate needs of these children to the attention of the government. As well, Kinark has begun to provide a broader array of services and supports to families of children with autism, including parent training locally and at our Outdoor Centre in Haliburton.



The Kinark ASD School Support Program provides consultation to teaching staff and school board personnel in order to strengthen services to children and youth with an Autism Spectrum Disorder (ASD) who are students in Ontario’s publicly-funded school system. The program does not provide direct services to children and youth but rather aims to enhance the knowledge and skills of school board staff for effective, evidence-based behavioural teaching strategies to support students in the classroom. The program also serves as a link between schools, Boards of Education and community-based service agencies regarding issues pertaining to students with an ASD.





## Recreation and Outdoor Education Programs



The Kinark Outdoor Centre hosts over 6,000 visitors each year from 150 agencies across Central Ontario. Our campers come from treatment centres, schools, colleges or school-based special needs programs to experience our unique menu of Outdoor Education, Environmental Learning, Adventure Education and Sustainable Living Programs. The Kinark Outdoor Centre is also very proudly the largest provider of Adult Mental Health recreational/camp programming in Ontario.

Examples of unique services at the Outdoor Centre include parent training/respite programs for families with autistic children, Duke of Edinburgh wilderness programs for Syl Apps youth, and Camp Bucko, for children who are burn victims. Working in conjunction with Fleming College, this year the Outdoor Centre has embarked on the building of a sustainable living classroom. This larger than life project will be an integral part of Kinark's education program, enriching the learning opportunities for all visitors.

As well as providing an array of services at the Outdoor Centre, Kinark's Outdoor Centre staff also work in local communities providing the Caring Classroom program – focusing on developing self-esteem and self awareness for children in a number of schools in York, Simcoe, Durham and the Four County areas of Central East Region.





Helping >

## AUDITORS' REPORT

To the Members of **KINARK CHILD AND FAMILY SERVICES:**

The accompanying condensed statement of financial position and condensed statement of operations and changes in fund balances are derived from the complete financial statements of Kinark Child and Family Services as at March 31, 2006 and for the year then ended on which we expressed an opinion without reservation in our report dated May 16, 2006. The fair summarization of the complete financial statements is the responsibility of management. Our responsibility, in accordance with the applicable Assurance Guidelines of The Canadian Institute of Chartered Accountants, is to report on the condensed financial statements.

In our opinion, the accompanying condensed financial statements fairly summarize, in all material respects, the related complete financial statements in accordance with the criteria described in the Guidelines referred to above.

These condensed financial statements do not contain all the disclosures required by Canadian generally accepted accounting principles. Readers are cautioned that these statements may not be appropriate for their purposes. For more information on Kinark Child and Family Services' financial position, results of operations and cash flows, reference should be made to the related complete financial statements.



Shore, Newman & Rose LLP

Chartered Accountants  
North York, Ontario  
May 16, 2006

## CONDENSED STATEMENT OF FINANCIAL POSITION

AS AT MARCH 31, 2006

	2006	2005
<b>ASSETS</b>		
<b>Current assets</b>		
Cash on hand and in bank	\$ 7,052,706	\$ 5,686,324
Cash held in trust	368,550	368,550
Investments	194,784	166,887
Sundry receivables	1,769,891	1,657,156
Due from Ministry of Children and Youth Services	1,589,177	1,885,658
Prepaid expenses and sundry	245,844	90,932
	11,220,952	9,855,507
Capital assets	3,547,841	3,045,203
Deposit on leases	58,150	46,126
	\$ 14,826,943	\$ 12,946,836
<b>LIABILITIES AND FUND BALANCES</b>		
<b>Liabilities</b>		
Accounts payable and accrued liabilities	\$ 5,233,630	\$ 3,924,398
Accrued salaries payable	1,017,940	915,865
Employees payroll deductions payable	1,026,599	1,054,122
Deferred special contract revenue	1,371,149	1,196,597
Due to Ministry of Children and Youth Services	2,829,847	2,869,268
	11,479,165	9,960,250
<b>Fund balances</b>		
Capital assets fund account	3,547,841	3,045,203
Central East Treatment Programs fund account	(560,688)	(368,705)
Central West Programs fund account	(145,086)	(145,499)
Central East Pre School Autism Service ("CEPAS") fund account	119,174	(108)
Autism Spectrum Disorder – School Support Program ("ASD-SSP") fund account	(75,551)	(1,468)
Child care centres fund account	13,888	9,467
Donations and fund-raising fund account	448,200	447,696
	3,347,778	2,986,586
	\$ 14,826,943	\$ 12,946,836

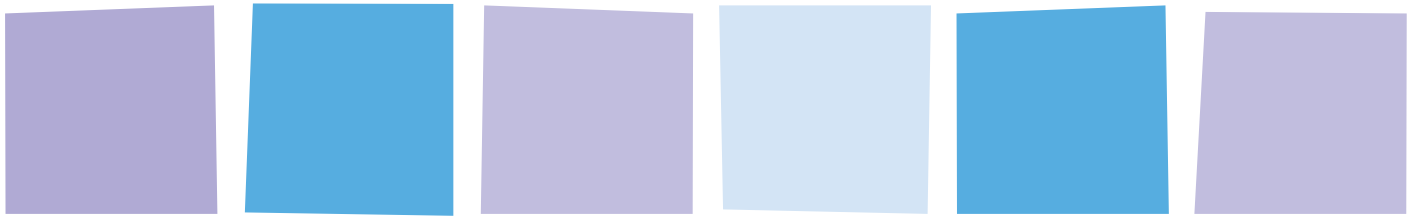
## CONDENSED STATEMENT OF OPERATIONS AND CHANGES IN FUND BALANCES

FOR THE YEAR ENDED MARCH 31, 2006

	Capital Assets Fund		Central East Treatment Programs		Central West Programs	
	2006	2005	2006	2005	2006	2005
<b>Operating revenues</b>						
Government funding	\$ -	\$ -	\$ 19,657,016	\$ 18,409,330	\$ 10,088,155	\$ 9,015,986
Other contract funding and user fees	-	-	3,540,453	2,705,811	1,764	750
Child care	-	-	-	-	-	-
Donations and fund-raising	-	-	1,917	-	-	-
Interest	-	-	122,852	30,345	-	-
Loss on disposal of capital assets	-	-	-	(156,862)	-	-
	-	-	23,322,238	20,988,624	10,089,919	9,016,736
<b>Operating costs</b>						
Salaries and benefits	-	-	15,099,216	13,853,943	7,920,523	7,072,393
General agency	-	-	802,139	1,051,540	236,484	243,395
Building occupancy	-	-	1,559,384	1,447,610	948,704	616,693
Staff travel and training	-	-	1,659,078	1,730,104	172,555	146,874
Clinical, professional and other client	-	-	2,144,878	1,475,026	522,005	395,382
Telephone, technology and equipment	-	-	818,270	739,566	138,540	165,708
Legal, audit and insurance	-	-	447,483	347,766	5,535	307,001
Amortization	-	-	406,569	229,387	159,552	153,365
Donations and fund-raising service use	-	-	-	-	-	-
	-	-	22,937,017	20,874,942	10,103,898	9,100,811
<b>Excess (deficiency) of revenues over costs for the year</b>	-	-	385,221	113,682	(13,979)	(84,075)
Fund balances, beginning of the year	3,045,203	2,820,832	(368,705)	(482,625)	(145,499)	(141,641)
Transfer loss on sale of capital assets to capital assets fund	-	(156,862)	-	156,862	-	-
Transfer additions to capital assets fund	1,236,745	969,153	(983,773)	(386,011)	(145,160)	(73,148)
Transfer amortization to capital assets fund	(734,107)	(587,920)	406,569	229,387	159,552	153,365
<b>Fund balances, end of the year</b>	\$ 3,547,841	\$ 3,045,203	\$ (560,688)	\$ (368,705)	\$ (145,086)	\$ (145,499)

NOTE: Complete copies of the audited financial statements are available upon request by calling Kinark Child and Family Services at 1-800-230-8533.





Autism Services									
CEPAS		ASD-SSP		Child Care Centres		Donations and Fund-Raising		Total	
2006	2005	2006	2005	2006	2005	2006	2005	2006	2005
\$ 11,526,681	\$ 8,739,331	\$ 3,518,354	\$ 1,705,816	\$ –	\$ –	\$ –	\$ –	\$ 44,790,206	\$ 37,870,463
–	1,500	–	638	–	–	17,515	–	3,559,732	2,708,699
–	–	–	–	1,438,208	1,474,090	–	–	1,438,208	1,474,090
–	–	–	–	–	–	127,709	274,923	129,626	274,923
–	30,345	–	30,345	–	–	31	–	122,883	91,035
–	–	–	–	–	–	–	–	–	(156,862)
11,526,681	8,771,176	3,518,354	1,736,799	1,438,208	1,474,090	145,255	274,923	50,040,655	42,262,348
6,715,443	5,102,383	2,957,205	853,051	1,258,658	1,181,666	12,394	–	33,963,439	28,063,436
352,370	318,071	58,833	66,260	3,805	41,064	16,205	67,182	1,469,836	1,787,512
353,983	351,558	57,268	8,759	62,128	77,071	3,043	–	2,984,510	2,501,691
160,011	255,555	256,413	125,143	1,212	1,621	18,077	–	2,267,346	2,259,297
3,289,950	2,618,849	44,436	14,375	101,111	97,554	57,530	–	6,159,910	4,601,186
511,126	105,266	129,905	177,685	6,003	7,725	5,909	–	1,609,753	1,195,950
2,667	2,540	2,414	–	870	889	–	–	458,969	658,196
30,991	47,241	127,085	147,898	5,069	4,926	4,841	5,103	734,107	587,920
–	–	–	–	–	–	31,593	122,046	31,593	122,046
11,416,541	8,801,463	3,633,559	1,393,171	1,438,856	1,412,516	149,592	194,331	49,679,463	41,777,234
110,140	(30,287)	(115,205)	343,628	(648)	61,574	(4,337)	80,592	361,192	485,114
(108)	(62)	(1,468)	–	9,467	(57,033)	447,696	362,001	2,986,586	2,501,472
–	–	–	–	–	–	–	–	–	–
(21,849)	(17,000)	(85,963)	(492,994)	–	–	–	–	–	–
30,991	47,241	127,085	147,898	5,069	4,926	4,841	5,103	–	–
\$ 119,174	\$ (108)	\$ (75,551)	\$ (1,468)	\$ 13,888	\$ 9,467	\$ 448,200	\$ 447,696	\$ 3,347,778	\$ 2,986,586

# Volunteering at Kinark

AT KINARK, WE SAY, "JUST ASK." IT MEANS WE'RE HERE TO HELP, NO MATTER WHAT. THE GENEROUS SPIRIT OF OUR VOLUNTEERS IS THE LIVING, BREATHING ILLUSTRATION OF THAT PHILOSOPHY.

Kinark could not help without the help of others. That's why our volunteers are so important. The volunteer program is comprised of students, working professionals, retirees, parents, grandparents, and other community members. Each day they make a significant difference in the lives of children and youth in their communities. That means working directly with children and families, fund raising, providing advocacy, serving on Boards or Committees, and driving clients to and from appointments. These responsibilities and the men and women who perform them are vital to the success of Kinark and its clients.



Kelvin K.

## The Numbers Speak for Themselves

	2005-2006	2004-2005	2003-2004	2002-2003	2001-2002
Client Related Hours	15,750	13,665	17,840	18,174	14,560
Program Support Hours	8,929	7,342	474	263	1,715
Total Volunteer Hours	24,679	21,006	18,314	18,437	16,275

# Some Names to go with the Numbers

Tara Abrams  
Shannon Allison  
Kieran Andrews  
Perry & Wilma Armstrong  
Jamae Anderson  
Blake Araujo  
Terri Asselstine  
David Baker  
Matt Baird  
Bashir Baloch  
Bryce Barfoot  
Aja Bax  
Johanna Bellman  
Keith Bellman  
Lindsay Best  
Phillip Blandford  
Eileen Bolton  
Kim & Hugh Bolton  
Kelly Bouchard  
Linda Burnie  
Elizabeth Brannigan  
Jamie Breedon  
Debbie Brown  
Janice Brown  
Erik Buckland  
Nick Burke  
Kyle Butler  
Kathleen Campbell  
Melissa Chalker  
Donna Chalmers  
Paul Charbonneau  
Joanne Charbonneau  
Duane Chung  
Richard Chung  
Rose Chung  
Andrea Clarke  
Sherry Coburn  
Barbara Collins  
Julianne Comeau  
Karen Copson  
Mathew Cornacchia  
Bonnie Cowen  
Kathleen Cracknell  
Sonia Crook  
Adam Cullen  
Carl Currie  
Bronwyn Darnley  
Karli Davies  
Becky denBraasem  
Lindsay Dixon  
Rachael Donovan  
Stephen Dooley  
Beth Doyle  
Antoinette Duncan

Debra Duprey  
Jennifer Eastabrook  
Ginny Edwards  
Tracy & Eric Emery  
John & Reina Ernsting  
Millicent Fearman  
Geri Feeney  
Keith Ferguson  
Nick Ferguson  
Jonah Fheonix  
Gordon Finney  
Jennifer Fiorini  
Gavin Fisher  
Rob Forrester  
Mike Gardiner  
Kristina Giorgi  
David Gear  
Tyler Goodmurphy  
Heather Goody  
Dave Gorham  
Ken Grant  
Paul Guilfoyle  
Erin Hazeldine  
Goodith Heeney  
Adam Henley  
Isabel Henniger  
Moses Henry  
Alisha Henson  
Ian Hepburn  
Andrea Hicks  
Krissy Hie  
Jasmine Hill  
Kate Hobbs  
Brent Hoffman  
Harry Horbay  
Eric Hounsell  
Robbyn Hourrie  
Adam Howe  
Ted Hunter  
Jennifer Hutchinson  
Ali Jaffery  
Iain Jamieson  
Alison Jeanes  
David Jenkins  
Lou Johnson  
Martin Jones  
Liz Jordan  
Kristian Juan  
Bridget Kaley  
Susan Kay  
Anna & Bob Keating  
June Kinniburgh  
Adam Kooy  
Anna Kosinska

Laura Kuipers  
Leanne Kyle  
Yves Lafortune  
Robbie Lakics  
Mark Lanch  
Kristian Levey  
Sharon Lindsay  
Glenn Little  
Pat Little  
Cliff Lockyer  
Hailu Lockyer  
Ross MacDonald  
Michelle Malandrino  
Robert Maltby  
Jackie & Ted Manser  
Matthew Martin  
Anne Matos  
Newton Matthews  
Carole-Ann McCulloch  
Yvonne McDougall  
Kairn McElhanney  
Josh McGrath  
Jeff McRae  
Greg Melton  
Danielle Mercier  
Rohan Miller  
Jonathan Milton  
Suzannah Moore  
Mark Morant  
Alan Morin  
Dawn Morrissey  
Gail Morrisson  
Michelle Mouton  
Jessica Mowforth  
Faith Murray  
Jen Naples  
Peter Nemes  
Andrea Newman  
Robyn Newton  
Dawn Nichols  
Crystal Nolan  
Dana Nunes  
Peter Orday  
Travis Ostroskie  
Judy Parkinson  
Amanda Patfield  
Lynsey Peever  
Jeff Pelletier  
Margaret Pellitier  
Suzanne Persaud  
Corville Peters  
Martha Peters  
Patrick Pugliese  
Kate Ramsay

Kate Reid  
Brad Riddick  
Dick Risk  
Amanda Rodgers  
Ashley Robichaud  
Matthew Robinson  
Gord & Sue Robson  
Jamie Leigh Ropson  
Kurt Ross  
Kim Rumble  
Keith Russell  
Patricia Saliba  
Martina Schnettler  
Christie Sharp  
Eric Shedden  
Joy Shelley  
Cameron Smith  
Marisa Snowden  
Drew Solomon  
Jeffery Soltesz  
Elizabeth Spence  
Erin Squires  
Kira Stauffer  
Andrea Stavro  
Deirdre Stuart  
Melissa Tapscott  
Rebecca Taylor  
Ashley Templeton  
Tammy Thomas  
Elsie Timms  
Trish Tomlinson  
Paula Valentine  
Melissa Vantour  
Emilia Viola  
Marie & Edward Virgoe  
Jennifer Walker  
Jennifer Walsh-Middel  
Tenzin Wanghang  
Leslie Watson  
Nicholas Weber  
June West  
Aaron White  
Heather White  
Hellen Wilkinson  
Oral Wilks  
Cindy Wilson  
Paul Wilson  
Daniel Winters  
Elaine Wright  
Heather Yoshiki  
Kathy Zanth  
Vernon Zelmer  
Trish Zurba

# Volunteers of Distinction

## Northumberland

### **Melissa Tapscott**

Melissa has been a long-term volunteer for the Northumberland Program beginning with a school placement and continuing on after she began her career. She has been a positive and enthusiastic helper in numerous treatment groups. For the past few years, Melissa has established a supportive relationship as a Special Friend with a teenage girl, providing a wonderful female role model, showing compassion and insight which have been extremely beneficial. We are so lucky to have Melissa and are pleased to be able to honour her contributions with the volunteer of distinction award.

## Peterborough

### **Tammy Thomas**

Tammy came to us in February 2004 as a co-op student from Crestwood Secondary School. Tammy provided office support to several programs, was an innovative part of the decorating committee for the Recognition Night in April 2004 and was an active team member in our children's social skills group. Tammy's dedication to our children and families did not end after her placement was complete. She has continued to work as a Kinark volunteer and offers her time each week to continue to support the children's groups. Tammy possesses a gentle, encouraging manner which helps even the most challenging participant to engage in the program. Since becoming a volunteer Tammy has contributed well over 200 hours volunteering in our children's programs. We would like to take this opportunity to recognize the positive contribution Tammy has made to the children and families that take part in our programs.

### **Dawn Nichols**

A Special Friend to a young girl since September of 2004, Dawn is described as a "very sweet girl who goes out of her way to go above and beyond what is required". Dawn and her match have enjoyed a weekend at the Kinark Outdoor Centre, kayaked on Little Lake in Peterborough and travelled to Toronto to see Riverdance. Dawn says the best part of being a volunteer is the pleasure she receives from the wonderful friendship she has developed with her match. "I have thoroughly enjoyed watching her grow and change over the past year," states Dawn. A Trent University student graduating this spring, Dawn actively volunteers in several community school classrooms. Dawn's desire to help others is extended into her employment with Christian Horizons, an organization that supports people with exceptional needs. Kinark is fortunate to have Dawn as a Special Friend – an exceptional volunteer!

### **Ian Hepburn**

Ian Hepburn has been matched with a 13 year old boy since May 2004. This young boy speaks highly of Ian and loves spending time with him. His match states that "we have become really good friends. Last summer we went to Canada's Wonderland for the day. We had such a blast! Ian means a lot to me because he treats me with respect and he never makes me feel uncomfortable. He's always there for me." We are very grateful to Ian for his continued companionship and support.



## Durham

### Liz Jordan

Liz Jordan is a fairly new volunteer to Kinark completing her first year next month. She came to Kinark in May 2005 looking for volunteer experience with children. Liz worked with the Pickering Area Durham Under 12 Group (SNAP) where she supervised children at night while their parents attended a separate group. Liz proved to be a “one woman show” and parents and children alike adored her.

In July, a Special Friend referral came across my desk for a young pre-teen. Liz was matched with this young lady for approximately 9 months. She was a wonderful role model with a great sense of humour. Liz was very consistent with her Special Friend and completed over 200 volunteer hours. Liz has had a huge impact on the families she has worked with and they in turn have had an impact on her as she has decided to pursue a career working with children. It is with great pride that we honour Liz Jordan for her contribution and the difference she has made in the lives of families.

## Syl Apps

### Erik Buckland

Erik has volunteered at Syl Apps over the past few years and offered outstanding support and commitment by visiting with a youth on a one-to-one basis this past year. During this time he has been a consistent person for this youth to depend on, lean on and someone to look forward to seeing on a weekly basis. Erik has also supported this individual by attending his Plan of Care meetings, special events and always remembering him during the holidays.

Erik’s compassion for ensuring the best has been truly beneficial for this young person and he has gained so many positive things from this relationship. Erik has provided the opportunity for him and others to learn new skills through volunteer work with the “Job Skills Program” and this has provided them all with a sense of hope and pride. We are honoured that Erik has chosen to be part of our team.

### Rebecca Taylor

Rebecca has displayed outstanding support and commitment with the youth, staff and teachers at Syl Apps over this past year. During this time she has been an extremely valuable asset assisting the youth and teachers in the food class. If it was not for her support many of the youth may not have been given the opportunity to be in this classroom setting. Rebecca’s commitment has allowed us to be able to offer this class subject to many of our youth that require some additional support and reassurance.

Not only has Rebecca been a wonderful support to the youth in the classroom, but at any special awards ceremonies or talent showcases, she has always been there to give them praise. We are also thankful to have Rebecca join the youth, staff and teachers for their morning meeting prior to school commencing and providing them with a sense of support. There are not a lot of people that give up so much of their time so selflessly and we are all so honoured to have Rebecca as a Kinark volunteer.



# Donors

In addition to the ongoing funding support Kinark receives from the Provincial Government, Kinark relies on the generosity of individuals, families, staff, corporations, foundations, service clubs, community groups and other agencies/organizations to assist us in making our programs and services as positive an experience as possible for children and families. Many of the successful innovative programs offered at Kinark on an ongoing basis today, were once originally supported as pilot projects through donations and fund raising efforts supported by people and organizations like those listed on these pages. Every donation – large

or small, monetary or gift-in-kind, helps children, youth and their families to successfully make it through difficult times. On their behalf, we thank you.

## **Ministry of Children and Youth Services Ministry of the Attorney General**

Ontario Trillium Foundation  
Regional Municipality of York  
Government of Canada – Department of Canadian Heritage, Ontario Region

Brian Barrington  
Dale Biddell  
David Bignell  
Steven Boily  
Jacquie Brown  
Ron Cambridge  
Merle Chittick  
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Beverly DeCecco  
Tracy Dettman  
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Frances Donovan  
Gail Hamelin  
Joseph Haynes  
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Kate Wilson





## Goodith Heeney Staff Training & Development Fund

Joyce Barrett  
Louise Bennett  
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Kathleen Ramsay  
Richard Risk  
Lionel Rubinoff  
Linda Slavin  
Mary Smith  
Mary Snack

## Krista Sepp Donations

Pamela Freedman  
Madame Vanier Children's Services  
Whitby Mental Health Centre

## Nevada Lotteries

MAC's Convenience Stores Inc.  
(Jarvis Street, Toronto)  
Aaron Artistry and Design  
(owner: Kristy Rouleau)

## United Way

United Way of Ajax-Pickering-Uxbridge  
United Way of Peterborough & District  
Northumberland United Way  
United Way of Greater Toronto

# Krista Sepp Memorial Awards



The Krista Sepp Memorial Awards, held each year on February 3rd pay tribute to the memory of a young child and youth worker who was tragically murdered while on duty at one of Kinark's residential homes in Simcoe County. The Award is presented in two categories: the Horizon Award – recognizing promising work of CYW's in the field for five years and under; and the Mentoring Award – recognizing the ongoing contributions of CYW's working in front-line positions for more than six years. Nominations are received from across the province and many service sectors including children's mental health, child welfare, education and health. This year's award winners were Heather Snow (Children's Aid Society of London & Middlesex) – HORIZON AWARD; and Dale Callender (Delisle Youth Services, Toronto) – MENTORING AWARD. Highlights of the Awards Ceremony included words of support from Linda Jeffery, Parliamentary Assistant from the Ministry of Children and Youth Services, who attended the ceremony to recognize the work of all CYW's in Ontario. Many nominees spoke passionately of their commitment to the field and to the children and youth they serve and recognized the memory of Krista in their words of thanks to those gathered. Kinark's own Keverne Postma, volunteer coordinator at Syl Apps Youth Centre was nominated for her outstanding work.



Victoria C.  
Age 11

# Healing >



# Staff Service Awards

## 5 Years

Sarah Adams	York	Peter Marcuccio
Mark Andersen	SAYC	Elizabeth Mchugh
Anne Andrzejewski	York	Margarida Medeiros
Stacy Arpa	SAYC	Richard Meen
Paul Baff	SAYC	Nicole Meens-Miller
Gord Baker	SAYC	Allan Miles
Bob Ball	SAYC	Pamela Mingo
Michele Barry	SAYC	John Mintzas
Lisa Beck-Evoy	Simcoe	Carlos Miranda
Annie Bericevic	SAYC	Laura Morris
Paul Bottos	SAYC	Bob Musselwhite
Charlene Bowen	SAYC	Viktorija Novosel
Bo Bubanovic	SAYC	Paul Oneil
Deanne Burns	SAYC	Peter Oresti
Lisa Bussieres	Simcoe	Jennifer Palmer-Neumair
Macia Cannell	York	Laura Pennal
Gayle Claus	SAYC	Bill Perkins
William Cox	SAYC	Linda Pettey
Sharon Decouto-Hanley	SAYC	Faye Prawdzik
Keith Desilets	SAYC	Amanda Prichard-Szostok
Mary Desousa	Peterborough	Wanda Prince
Anne Dupuis	Peterborough	Edgar Raaymakers
Gayton Fairfield	SAYC	Christine Radin-Rizzello
Allison Fitgibbon	SAYC	Kathy Reid
Leigh Ann Forsey	SAYC	Mark Ribbins
Suellen Forsythe	York	Roxanne Richer
Nancy Forsyth	York	Shelley Rossall
Amy Gale	SAYC	Rajani Sambasivam
Rick Gandy	Peterborough	Glenn Savage
Terry Garrow	SAYC	Greg Schaefer
Andrea Gordon	Peterborough	Teresa Scheckel
Jodi Gorham	Durham	Shane Scott
Alicja Gosk	SAYC	Andy Shepard
Carol Grubisic	SAYC	Roy Simpson
Tom Guzzo	SAYC	Rachell Skinner
Shelley Hardy	SAYC	Derek Smikle
Gail Haynes	Durham	Gaetano Spizzico
Rick Heffernan	Peterborough	Ed Sutch
Khuram Hotay	SAYC	Robert Taylor
Mary Jago	Peterborough	Guy Thibault
John Kalotini	SAYC	Paul Thibideau
Lori Keilty	SSP/ASD	Tinh Tieu
Karan Khosla	SAYC	Beverlee Timlin
Brent Knowles	Durham	Marilyn Turcotte
Jill Lamourier-Macisaac	Simcoe	Cheryl Turner
John Landolfi	SAYC	Hank Viparo
Shayna Lavoie	Simcoe	Karrie Ward
Carol Lewis	SAYC	Judy Watson
Luciano Luciani	SAYC	Wendy Wharrie

## 10 Years

SAYC	Louise Bennett	Peterborough
SAYC	Carrie Davidson	Peterborough
Durham	Joyce Gemakas	York
Corporate	Robert Macmenemey	Simcoe
Durham	Lisa Maynard	Simcoe
SAYC	Yvonne Nadel	SAYC
SAYC	Anna Silva-Gouveia	York
SAYC	Brian Vaillancourt	SAYC

## 15 Years

SAYC	Milton Azore	Peterborough
SAYC	Tracy Dettman	York
SAYC	Robin Jervinen	York
SAYC	Martha Mcleod	York
SAYC	Ellen Powell	York
SAYC	Rhonda Risebrough	York
SAYC	Bob Sisson	KOC
SAYC	Cheri Szotoryi	Simcoe
SAYC	Sharon Van Noort	Simcoe
Peterborough	Jim Vandongen	SAYC
Peterborough	Josef Woon-A-Tai	York

## 20 Years

SAYC	Sandra Cavanagh	Peterborough
SAYC	Denise Heckbert	Durham
SAYC	John Johnson	Simcoe
Corporate	John Pickett	Simcoe
SAYC	Daniel Stroh	Simcoe

## 25 Years

Durham	Kelly Nesbitt-Cullon	Peterborough
SAYC	Sharon Osborne	York
SAYC	Jean Varep	SSP/ASD



## Mission Statement

To strengthen the well being of children and their families, thereby contributing to safe and healthy communities.

We seek to achieve this goal by being a provider of choice in the delivery of the highest quality services to our clients in partnership with community resources.

Kinark is committed to achieving its mission in an environment of diversity and inclusion.

## Vision

Kinark will provide immediate high quality service to all children and families who need our help.

## Values

- We believe in the fundamental values reflected in our code of ethics.
- We believe that we should meet client needs through flexible service choices that are the least intrusive.
- We believe that we are in partnership with those we serve and that everyone in the process adds value in meeting client needs.
- We believe in building on strengths and in the provision of exemplary basic care.
- We believe in achieving results while adhering to the highest standards.
- We believe in providing the best, proven methods of treatment while simultaneously seeking out new and better methods.
- We believe that we will attain these goals through attracting and developing highly skilled and caring staff members who are invested in providing quality service.

## Core Purpose

Kinark is committed to caring, helping, & healing children, youth & families to enable them to live socially & emotionally healthy lives.



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# Office Locations / Central Intake

Information: 1-888-4-KINARK, (1-888-454-6275)  
Visit [www.kinark.on.ca](http://www.kinark.on.ca) or e-mail [info@kinark.on.ca](mailto:info@kinark.on.ca)



For more information on the Outdoor Centre's programs and services, call 1-800-805-8252 or visit [www.koc.on.ca](http://www.koc.on.ca)



For more information on SAYC, call 905-844-4110 or visit [www.kinark.on.ca/youthjustice/index.html](http://www.kinark.on.ca/youthjustice/index.html)



For more information, contact Kinark's toll-free Central Intake Information line (1-888-4-KINARK) or the CEPAS office at 905-479-0158 or 1-800-283-3377 or visit [www.kinark.on.ca/cepas/index.html](http://www.kinark.on.ca/cepas/index.html)



For more information, contact Kinark's toll-free Central Intake Information line (1-888-4-KINARK) or the ASD office at 905-479-0158 or 1-800-283-3377 or visit [www.kinark.on.ca/asd.htm](http://www.kinark.on.ca/asd.htm)

## Corporate Office:

500 Hood Road, Suite 200  
**Markham**, ON L3R 9Z3

## Durham Region:

1916 Dundas Street East, Unit 2  
**Whitby**, ON L1N 2L6

## Northumberland County:

20 Strathy Road, Unit 3  
**Cobourg**, ON K9A 5J7

## Campbellford Memorial Hospital

146 Oliver Road, Room 254 2nd Floor  
**Campbellford**, ON K0L 1L0

## Peterborough County:

380 Armour Road, Suite 275  
**Peterborough**, ON K9H 7L7

## Simcoe County:

34 Simcoe Street,  
**Barrie**, ON L4N 6T4

P.O. Box 338,  
354 King Street  
**Midland**, ON L4R 4L1

## York Region:

1100 Gorham Street, Unit 12  
**Newmarket**, ON L3Y 8Y8

600 Alden Road, Suite 200  
**Markham**, ON L3R 0E7

45 Atherton Crescent  
**Keswick**, ON L4P 3M6

# Promising Futures

2005–2006 Annual Report



**Kinark**  
**CHILD AND FAMILY SERVICES**  
CARING • HELPING • HEALING