



Annual Report 08 09



Growing Together

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Message from the President and Executive Director

The commitment of Kinark Child and Family Services to children, youth and families continues to flourish. More than 800 staff and 200 volunteers have clearly shown their dedication to caring, helping and healing in the areas of children's mental health, youth justice and autism.

Our many achievements over the past year serve to illustrate how our collective dedication to nurturing young lives in our communities is also inextricably connected to our own health as an organization and community partner. We truly are all growing – together.

As we have embraced new growth and change, our collective goal to make a meaningful difference to children, youth and their families has inspired our transition into a learning organization rooted in evidence-based practices.

As our change process reaches its stride, Clinical Transformation continues to foster the healthy evolution of our programs and processes while nourishing the growth and development of staff at all levels. DirectResponse has been implemented for clients referred through Central Intake with impressive results in waitlist reduction and client outcomes. Triple P has been installed throughout the agency, and plans for a new model of Clinical Supervision have been completed. We continue to move forward with management transformation and governance transformation processes.

Kinark's commitment to community partnerships remains strong. Our work towards a planful approach to linking with First Nations Communities in the far north continues through our partnership with Nodin and the North-South Partnership. We are also exploring how we can learn and grow together with First Nations communities in Southern Ontario.

Advocacy continues as a key activity. Eliminating the stigma faced by children, youth and families with mental health issues requires increased awareness and understanding. As we develop our public awareness initiatives and engage with community partners, parent advocacy and support groups, we also aim, through activities of our Board members and other volunteers, to continue to bring the issues of children's mental health, as well as autism and youth justice, to the attention of policy makers.

During Children's Mental Health Week 2009, Kinark's third annual Green Ribbon campaign saw thousands of green ribbons, description cards, stickers and tattoos distributed to staff and community members. Green ribbons were also worn by MPPs during Question Period at Queen's Park. Kinark program sites carried out a variety of activities in honour of the week, helping to raise understanding at the community level. Kinark received media coverage on CBC Radio and *The Toronto Star* during the week, further bolstering increased awareness.

Recognizing that healthy communities grow best within healthy environments, the groundwork has been completed for a social responsibility plan aimed at a culturally competent and greener Kinark.

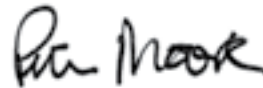
With the Kinark Foundation, we are helping to build capacity for positive change in the sector while at the same time enhancing the awareness and reputation of Kinark in the community.

We are grateful for the support from our Ministry funders and our many community partners. We also thank the individuals and organizations who provide additional funding support through the Kinark Foundation. We are especially thankful to our staff and volunteers, the driving force behind what we've been able to achieve over the past year.

Through diverse programs and services, through meaningful dialogue and action, you have all helped to make valuable change in the lives of children, youth and families.



Mark Walsh
President



Peter Moore
Executive Director





OUR VISION

Transformational Leadership for the mental well-being of children and youth.

OUR MISSION

Caring, helping, healing – so children and youth can live socially and emotionally healthy lives.

OUR CORE VALUES

Mental health is as important as physical health.

Every individual is entitled to be treated with respect and understanding.

Each child and youth is entitled to the best methods of treatment.

We don't give up on children and youth.

“The services and programs Kinark offers are unique and provide the right expertise and knowledge to effectively help those who desperately need knowledge and support. I recommend Kinark, especially if it is going to help a family stay together — which, in the end, is the most important thing for everyone.

“She is doing much better; she has a job and goals now.”

~Tina, mom of Rachel



Condensed Financial Statements

AUDITORS' REPORT

To the Members of Kinark Child and Family Services:

The accompanying condensed statement of financial position and condensed statement of operations and changes in fund balances are derived from the complete financial statements of Kinark Child and Family Services as at March 31, 2009 and for the year then ended on which we expressed an opinion without reservation in our report dated May 15, 2009. The fair summarization of the complete financial statements is the responsibility of management. Our responsibility, in accordance with the applicable Assurance Guidelines of The Canadian Institute of Chartered Accountants, is to report on the condensed financial statements.

In our opinion, the accompanying condensed financial statements fairly summarize, in all material respects, the related complete financial statements in accordance with the criteria described in the Guidelines referred to above.

These condensed financial statements do not contain all the disclosures required by Canadian generally accepted accounting principles. Readers are cautioned that these statements may not be appropriate for their purposes. For more information on Kinark Child and Family Services' financial position, results of operations and cash flows, reference should be made to the related complete financial statements.



Shore, Newman & Rose LLP

Licensed Public Accountants
North York, Ontario
May 15, 2009

CONDENSED STATEMENT OF FINANCIAL POSITION

As at March 31, 2009

	2009	2008
ASSETS		
Current assets		
Cash on hand and in bank	\$ 2,419,362	\$ 1,142,056
Cash held in trust	—	395,142
Investments	1,340,399	1,289,084
Sundry receivables	1,231,417	795,828
Due from Ministry of Children and Youth Services	133,692	1,344,004
Prepaid expenses and sundry	630,218	524,801
	5,755,088	5,490,915
Capital assets	5,616,492	4,307,846
Deposit on leases	167,670	90,795
	\$ 11,539,250	\$ 9,889,556
LIABILITIES AND FUND BALANCES		
Liabilities		
Accounts payable and accrued liabilities	\$ 4,538,888	\$ 3,105,703
Accrued salaries payable	966,027	1,053,087
Employees payroll deductions payable	470,655	653,261
Deferred special contract revenue	1,362,175	951,396
	7,337,745	5,763,447
Fund balances		
Capital assets fund account	5,616,492	4,307,846
Central East Treatment Programs fund account	(1,651,657)	(418,405)
Central West and Youth Justice Programs fund account	(116,051)	(116,051)
Central East Autism Program ("CEAP") fund account	91,490	121,333
Autism Spectrum Disorder - School Support Program ("ASD-SSP") fund account	(45,706)	(75,551)
Child Care Centres fund account	12,875	12,875
Donations and Fund-Raising fund account	294,062	294,062
	4,201,505	4,126,109
	\$ 11,539,250	\$ 9,889,556

CONDENSED STATEMENT OF OPERATIONS AND CHANGES IN FUND BALANCES

For the year ended March 31, 2009

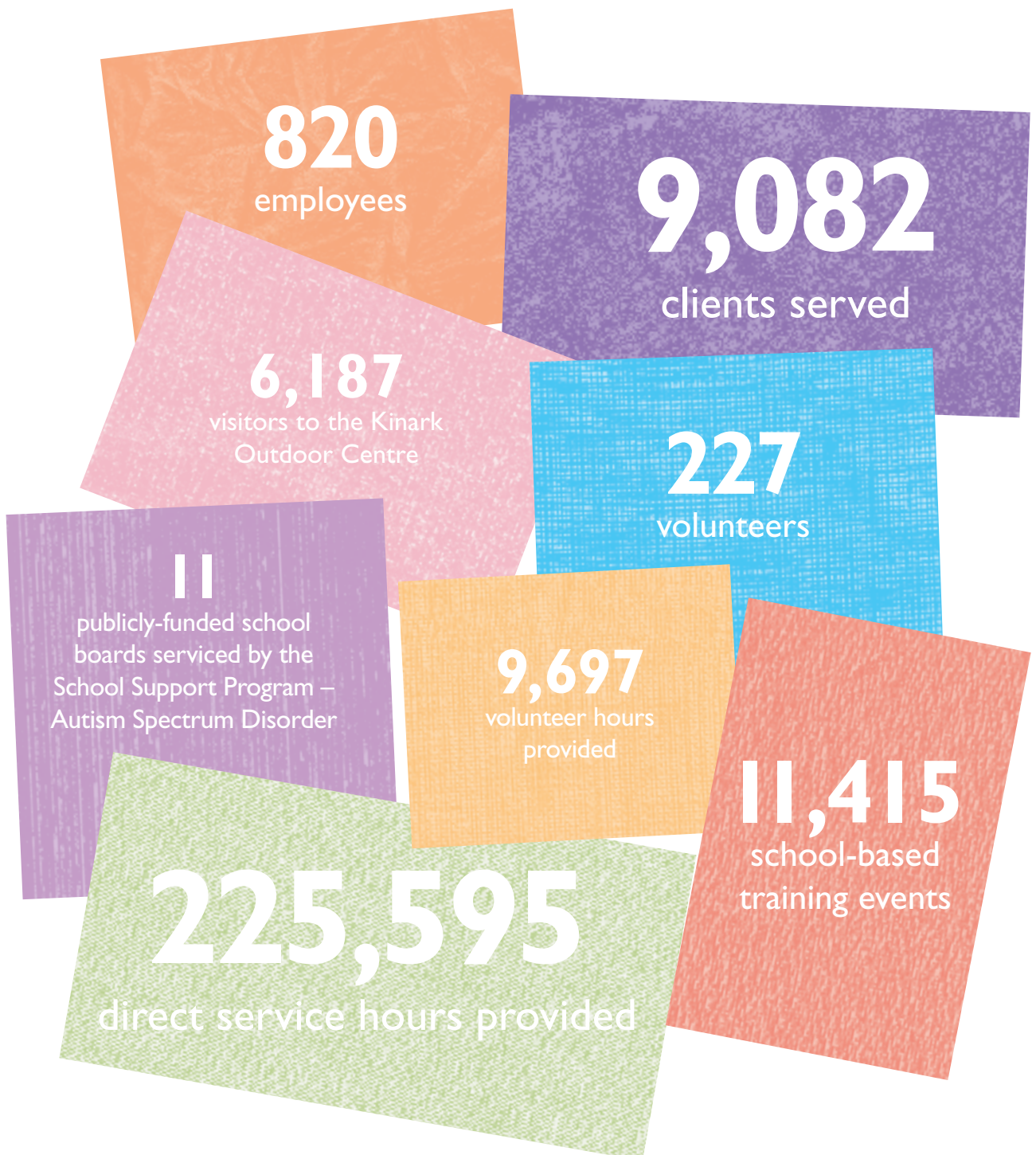
	CAPITAL ASSETS FUND		CENTRAL EAST TREATMENT PROGRAMS		CENTRAL WEST AND YOUTH JUSTICE PROGRAMS	
	2009	2008	2009	2008	2009	2008
Operating revenues						
Government funding	\$ —	\$ —	\$ 20,222,815	\$ 19,574,304	\$ 11,474,987	\$ 12,149,987
Other contract funding and user fees	—	—	3,386,760	2,912,755	273,000	—
Child care	—	—	—	—	—	—
Donations and fund-raising	—	—	103,241	90,990	—	—
Interest	—	—	121,652	169,534	—	—
			23,834,468	22,747,583	11,747,987	12,149,987
Operating costs						
Salaries and benefits (recovered)	—	—	16,165,721	15,358,206	9,099,051	9,838,235
General agency (recovered)	—	—	1,907,644	1,827,281	72,575	724,876
Building occupancy	—	—	1,606,844	1,750,958	610,774	621,013
Staff travel and training	—	—	1,256,220	1,362,830	249,497	293,039
Clinical, professional and other client	—	—	1,619,469	1,307,446	936,384	527,540
Telephone, technology and equipment	—	—	873,535	818,146	155,179	118,149
Legal, audit and insurance (recovered)	—	—	184,014	(161,984)	107,493	17,049
Amortization	—	—	372,057	450,675	191,019	67,728
Donations and fund-raising service use	—	—	16,548	—	—	—
			24,002,052	22,713,558	11,421,972	12,207,629
Excess (deficiency) of revenues over costs for the year	—	—	(167,584)	34,025	326,015	(57,642)
Fund balances, beginning of the year	4,307,846	4,385,562	(418,405)	(580,211)	(116,051)	(107,760)
Transfer additions to capital assets fund	2,015,870	566,869	(1,437,725)	(322,894)	(517,034)	(18,377)
Transfer amortization to capital assets fund	(707,224)	(644,585)	372,057	450,675	191,019	67,728
Fund balances, end of the year	\$ 5,616,492	\$ 4,307,846	\$ (1,651,657)	\$ (418,405)	\$ (116,051)	\$ (116,051)

NOTE: Complete copies of the audited financial statements are available upon request by calling Kinark Child and Family Services at 1-800-230-8533.

AUTISM SERVICES				CHILD CARE CENTRES		DONATIONS AND FUND-RAISING		TOTAL	
CEAP		ASD-SSP							
2009	2008	2009	2008	2009	2008	2009	2008	2009	2008
\$ 22,214,758	\$19,611,698	\$ 4,470,000	\$ 4,360,000	\$ —	\$ —	\$ —	\$ —	\$58,382,560	\$55,695,989
7,000	—	—	—	—	—	—	16,375	3,666,760	2,929,130
—	—	—	—	1,361,340	1,458,246	—	—	1,361,340	1,458,246
—	—	—	—	27	—	1,825	5,971	105,093	96,961
—	—	—	—	—	—	8,419	20	130,071	169,554
22,221,758	\$19,611,698	4,470,000	4,360,000	1,361,367	1,458,246	10,244	22,366	63,645,824	60,349,880
6,506,710	5,386,723	3,680,847	3,149,535	1,134,805	1,227,162	6,785	(1,886)	36,593,919	34,957,975
135,929	(16,836)	54,890	42,337	2,868	51,151	—	3,347	2,173,906	2,632,156
236,689	255,316	147,068	138,542	102,085	72,236	—	662	2,703,460	2,838,727
163,956	228,229	200,337	451,589	4,811	1,932	—	14,025	1,874,821	2,351,644
15,065,970	13,522,268	224,797	358,892	109,880	103,616	2,380	60,753	17,958,880	15,880,515
83,336	95,744	126,431	125,516	5,996	7,657	1,000	2,291	1,245,477	1,167,503
3,685	3,044	—	3,044	922	864	—	—	296,114	(137,983)
69,601	30,129	72,657	89,851	1,890	2,684	—	3,518	707,224	644,585
—	—	—	—	—	—	79	5,725	16,627	5,725
22,265,876	19,504,617	4,507,027	4,359,306	1,363,257	1,467,302	10,244	88,435	63,570,428	60,340,847
(44,118)	107,081	(37,027)	694	(1,890)	(9,056)	—	(66,069)	75,396	9,033
121,333	119,175	(75,551)	(75,550)	12,875	19,247	294,062	356,613	4,126,109	4,117,076
(55,326)	(135,052)	(5,785)	(90,546)	—	—	—	—	—	—
69,601	30,129	72,657	89,851	1,890	2,684	—	3,518	—	—
\$ 91,490	\$ 121,333	\$ (45,706)	\$ (75,551)	\$ 12,875	\$ 12,875	\$ 294,062	\$ 294,062	\$ 4,201,505	\$ 4,126,109

Our Activity

Throughout the year, Kinark works tirelessly to make a difference in the lives of the children and youth we serve. The evidence is in the numbers:



Our Plans and Priorities

STRATEGIC PRIORITIES

Kinark's Strategic Plan 2006-2009 focused on the following Key Result Areas:

- Clinical excellence
- High quality service
- Employer of choice
- Respected sector leader
- Sharing capability and capacity for community benefit

LOOKING AHEAD: LONG-RANGE PLANS

Kinark Child and Family Services will improve the mental well-being of children and youth through our leadership in the following strategic areas:

- Clinical excellence
- Parent and youth engagement
- Advocacy
- Service integration
- Organizational growth
- Governance
- Resource development and stewardship
- Investment in people



Our Funders

- Ministry of Children and Youth Services
- Ministry of Attorney General
- Regional Municipality of York
- Government of Canada – Department of Heritage, Ontario Region
- Ministry of Energy and Infrastructure
- Haliburton County Development Corporation
- Provincial Centre of Excellence for Child and Youth Mental Health
- Northumberland United Way
- United Way of Ajax-Pickering-Uxbridge
- United Way of Greater Simcoe County
- United Way of Peterborough & District
- United Way Toronto
- Ontario Trillium Foundation
- Kinark Foundation

Our Programs

KINARK SERVICES

As the largest children's mental health organization in Ontario, Kinark Child and Family Services provides professional help to over 10,000 children, youth and families in Ontario every year.

Kinark provides services ranging from parenting advice to help for children and youth with chronic and multiple mental health issues.

We offer an extensive range of programs for children and youth diagnosed with autism, plus intensive treatment and support to youth in conflict with the law. Over the past number of years Kinark has also provided assessment, training and consultation services to First Nations communities in the far north.

A geographically diverse organization, Kinark has program offices in Peterborough, Northumberland, Durham, York Region and Simcoe County. We operate the Syl Apps Youth Centre (a secure custody, detention and treatment facility) in Oakville and provide autism services throughout Ontario's Central East Region. We also operate the Kinark Outdoor Centre in Minden, Ontario, which provides respite and education programs to youth and families of Kinark and similar organizations.

TREATMENT AND FAMILY PROGRAMS

Within all of our program areas, a range of treatment services including individual, family and group counselling is provided to children, youth and their families. These services are provided to children living at home or youth living on their own in their communities, as well as to children in residential care. In addition, we provide Crisis and Intensive Services.

Services at Kinark include:

- Multi-Systemic Therapy
- Families First
- Crisis Services
- Residential Treatment
- Secure Treatment
- Education/Day Treatment
- Child Care
- LIFT (Life Skills and Independence for Teens)
- STRIVE (Supporting Teenagers in Readiness for Independence, Vocation and Education)
- 0-6 Programs
- Supervised Access Services



- Respite Programs
- Therapeutic Family Care
- Triple P – Positive Parenting Program

AUTISM SERVICES

Kinark supports children with autism and their families through two programs:

- Central East Autism Program — providing intensive behavioural intervention (IBI) services and support
- School Support Program – Autism Spectrum Disorder — providing training, consultation and resource development services to teaching staff and school board personnel in publicly-funded school boards

Kinark and its service partners provide IBI services to children with autism in a variety of settings — home, clinic, centre and transition classrooms. In addition, Kinark offers a broad range of family support services to families of children in service with the Central East Autism Program.



SECURE TREATMENT AND YOUTH JUSTICE SERVICES

In addition to the operation of Syl Apps Youth Centre (Secure Treatment, Secure Custody and Detention), Kinark runs intensive programs that treat youth at home and in the community. Prevention programs for children and youth in conflict with the law who are at risk of becoming serious offenders are offered in various program areas. These programs include:

- Durham Under 12 Program
- STRIVE (Student Training in Independence, Vocation and Education)
- SNAP (Stop Now and Plan)

Kinark also offers the Intensive Support and Supervision Program (ISSP) to better meet the needs of youth in conflict with the law who have been identified with serious mental health issues. These youth are assessed as being extremely vulnerable in a secure custody setting. ISSP provides the courts with an alternative to custody that is different from other community support programs in terms of the level, type and intensity of the service.

KINARK OUTDOOR CENTRE

The Kinark Outdoor Centre (KOC) provides an educational experience through concentrated values in sustainable living, character education and other outdoor activities. More than 6,000 visitors become part of the KOC community every year, from over 140 organizations. Our campers come from treatment facilities, elementary schools, secondary schools, universities and colleges. The KOC has undergone a number of facility improvements during the past year. Additional funding from the Ministry of Children and Youth Services enabled the KOC to double its number of autism programs. As well as providing a wide variety of outdoor education services, the KOC is deeply committed to working with surrounding communities through the Caring Classroom program.



“Coming to Kinark is all part of the process. With or without a diagnosis, you need an intervention, and Kinark is there to do that.

“The best thing about these programs was learning how to deal with certain situations when they arise....The Kinark caseworker also provided valuable and caring support.”

~Joanne, mom of Jeffrey

Our Staff Service Awards

AUTISM SERVICES

Beulah Osei 20 years
Frances Donovan 10 years
Sarah Kupferschmidt 5 years
Anne Cummings 5 years

CORPORATE

John Hewer 35 years
Dawn Van Sickle 15 years
Jonathan Golden 10 years
Steven Boily 5 years
Sametha Salmon 5 years

DURHAM

Ann Gifford 20 years
Stephanie Hobbs-Godina 15 years
Melissa Grieve 10 years
Melanie Caron 10 years
Tasha Ramcharitar 5 years
Jose Bernardes 5 years
Megan Crowley 5 years

KINARK OUTDOOR CENTRE

Tina Newman 10 years

PETERBOROUGH/ NORTHUMBERLAND

Alan Vallillee 25 years
Vickie Dickinson 20 years
John Soars 20 years

Paul Plant 20 years
Michele Buckley 20 years
Ron Cambridge 20 years
Penny Earl 20 years
Helen Casmey 15 years
Rhonda Bell 10 years
Julie Hart 10 years
Gord Newman 10 years
Sherri Spence 5 years

SAYC

Rosemarie Thompson 5 years

SIMCOE

John Fiddes 30 years
Kevin Snow 20 years
Giovanni Balloi 20 years
Marcia Franz 20 years
Terri Baumer 20 years
Alla Hirsch 20 years
Darlene Babcox 20 years
Sharon Lefaive 10 years
Sarah Thompson 10 years
Margaret Bateman 10 years
Heidi Lipp 10 years
Marie Hill 10 years
Sharon Bookalam 10 years
Kathy Slessor 5 years
Trevor Parker 5 years
Dorothy Rozins 5 years

YORK

Diane Start 30 years
Judith Redmon 15 years
Heather Wilson 15 years
Michelle Dickinson 15 years
Francine Zander 10 years
Nenad Nenadovic 10 years
Andrea Klaring 10 years
Ingrid Desouza 10 years
Elizabeth Mafla 10 years
Shawna Lee 10 years
Jim Van Schie 10 years
Rima Elfar 5 years
Shannon Bowler 5 years
Debbie Brausewetter 5 years
Lynda Cuppage 5 years
Kendra Patrick 5 years
Amanda Breen 5 years



Our staff are our strength. Kinark proudly salutes those whose continued commitment to excellence makes a meaningful difference to children, youth and families.

Our Volunteers

Shannon Allison
Brian Anderson
Kieran Andrews
Aleta Armstrong
Jane Atkinson
Matt Baird
Joseph Baldini
Shaun Ball

Andrea DiCintio
Lindsay Dixon
Neisha Dondeenu
Katie Doner
Dustin Donnelly
Rachael Donovan
Stephen Dooley
Jan Doucette

Sarah Henderson
Isabel Henniger
Stacey Henry
Moses Henry
Ian Hepburn
Robert Hern
Daniel Holdaway
Caitlin Honey

Rod McConkey
Sara McConnell
Jordan McDermott
Adrian McDonald
Yvonne McDougall
Jessica McGrath
Josh McGrath
Erin McKenney

Sue Robson
Kurt Ross
Kim Rumble
Bill Russell
Meg Russell
Sonja Sanderson
Rachelle Silverman
Sara Sirtonski

At Kinark, we recognize the value of our volunteers. We are grateful for their many contributions and the significant impact they make on the lives of children and youth in our communities.

Johanna Bellman
Keith Bellman
Casey Benson
Nikki Bergen
Sussan Best
Jennifer Bested
Andrea Boileau
Eileen Bolton
Kim and Hugh Bolton
Elisabeth Brannigan
Jamie Breedon
Rhonda Brough
Deb Brown
Erik Buckland
Nick Burke
Mike Butler
Maria Cannella
Kathleen Casimir
Melissa Chalker
Donna Chalmers
Diane Chan
Paul Charbonneau
Rose Chung
Richard Chung
Chantelle Clement
Sara Coates
Sean Cochrane
Tammy Cochrane
Elizabeth Collins
Julie Comeau
Rebecca Crome
Ryan Cronsberry
Sonia Crook
Serena Crowhurst
Carl Currie
Kirk Dafoe
Rose Darbin
Kaitlin Dean

Beth Doyle
Brian Dracup
Darlene Dracup
Alia Eastabrook
Mary Ede
Ginny Edwards
Leanne Edwards
Tara Eldrige
Eric Emery
Tracy Emery
John Ernsting
Reina Ernsting
Mike Evans
Peter Fair
Millie Fearman
Kate Fenwick
Kathryn Ferguson
Gordon Finney
Gavin Fisher
Rob Forrester
Michelle Foss
Renee Fournier
Delia Francis
Steve Francis
William Frechette
Jamie Fullerton
Daniel Garvey
Tyler Goodmurphy
Heather Goody
Mary Gordon
Khile Goveia
Rebecca Guy
Caitlynn Hannah
Katie Hartling
Emily Hartman
Maurice Harvey
Susan Healey
Goodith Heeney

Amy Honeyman
Harry Horbay
Ted Hunter
Rebecca Izzard
Iain Jamieson
David Jenkins
Lisa Johnson
Lou Johnson
Martin Jones
Laura Karis Allen
Anna Keating
Bob Keating
Travis Keller
John Kloosterman
Kristine Kloosterman
Yves Lafortune
Janice Laking
Dena Lawhorne
Alison Lenahan
Kasey Lewis
Anny Li
Connie Li
Brenda Lindquist
Pat Little
Janice Liu
Grace Loucks
Mark Lucas
Valerie Lunn
Jeffrey Lyle
Darlene MacDonald
Ross MacDonald
Jackie Manser
Ted Manser
Maliha Mansur
Gail Martin
Matthew Martin
Anne Matos
Newton Matthews

Lean McLean
Ada Meecham
Jessica Miller
Stefanie Mondino
Mark Morant
Joan Moriarty
Alan Morin
Gail Morrison
Bob Morton
Michelle Mouton
Jessica Mowforth
Seshinee Naidoo
Amir Naveed
Peter Nemes
Carla Newport
David Newport
Ashley Olver
Derek Olver
Heather Oppersma
Peter Orday
Kayla Orleck
Charles Osborne
Earl Paquette
Lynsey Peever
Margaret Pelletier
Alexandra Penn
Elise Perkin
Suzanne Persaud
Georgia Peschel
Martha Peters
Corville Peters
Garrett Plumley
Tiffany Pratt
Amanda Prosser
Kate Ramsay
Beverly Richards
Dick Risk
Gord Robson

Carol Slater
Cameron Smith
Chris Smyllie
Erin Squires
Annay Stacey
Rhea Sutherland
Sheri Sutherland
Theresa Sylvester
Melissa Tapscott
Adam Taylor
Mike Taylor
Sarah Teeple
Karen Theriault
Mary Thomas
Colleen Thompson
Danielle Tibbit
Elsie Timms
Paula Valentine
Miriam Van Drunen
Patti Van Niedeck
D'Arcy Van Nest
Resna Vanzeyl
Beatriz Villa
Edward Virgoe
Marie Virgoe
Thomas Vogan
Valerie Wakelin
Leslie Watson
Quinn Wells
Adam White
Heather White
Melanie Willis
Paul Wilson
Daniel Winters
Mary Younes



“He has learned to control his anger when he gets frustrated. He has enjoyed his time at Beaton, and really started to enjoy school more. As a family, this program helped us understand what Mason needs in order to succeed in school.

“[The Kinark caseworker] was someone there to talk to and to provide support. She was understanding and non-judgmental and, most importantly, she gave us information on different ways of getting support.

“This program is great because it is helping children with issues who would not necessarily get help otherwise.”

~Cindy, mom of Mason

Our Leadership and Governance

Kinark Child and Family Services is committed to excellence in strategic planning, decision making and management. Under the guidance of our dedicated team of leaders, we are able to realize achievements that change the lives of children, youth and families in our communities.

KINARK CHILD AND FAMILY SERVICES BOARD OF DIRECTORS

Mark Walsh
President

Dale Biddell
Vice President

Melanie Manchee
Vice President

Ed Kirk
Treasurer

Larry Elmer
Secretary

Charanjit Bambra
Adam Borgida
Bruce Hannah
Sue Lawson
Suzette Lewis
Rick Mili
Kemi Ogunmefun
John Rabeau

Bob Sommerville
Mary Thomas
Mark Wakefield
Kate Wilson
Directors

KINARK CHILD AND FAMILY SERVICES PROVINCIAL LEADERSHIP*

Peter Moore
Executive Director

Jacquie Brown
Director, Program Services

Cathy Dandy
Director, Parent and Youth Engagement

Jane Dawes
Director, Human Resources

Frances Donovan
Director, Autism Services

Tracy Folkes Hanson
Director, Communications

Carolyne Hooper
Director, Secure Treatment and Youth Justice Services

Laurie Marsan
Program Director, Durham Region

James McHardy
Director, Kinark Outdoor Centre

Dr. Richard Meen
Director, Clinical Services

Kathy Newton
Director, Corporate Services

Christine Simmons-Physick
Program Director, York Region

Kathy Simpson
Program Director, Simcoe County

Alan Vallillee
Program Director, Peterborough and Northumberland Counties

Shanan Spencer-Brown
Kinark Foundation Executive Director

COMMUNITY REPRESENTATIVES ON KINARK COMMITTEES AND TASK FORCES

Bill Clarke
Advocacy

Terry Fagan
Advocacy

Susan Leslie-Berkis
Clinical Quality Assurance

Sheila Masters
Advocacy; Finance; Governance

Wayne Maysuik
Technology

*At time of printing.





Making a Difference

Message from the Kinark Foundation President and Executive Director

As the only public foundation focused exclusively on child and youth mental health issues, the Kinark Foundation is dedicated to advancing the social and emotional well-being of children and youth. We do this by raising funds and creating awareness in support of Kinark and other Ontario organizations focused on children's mental health. The Kinark Foundation serves as a catalyst for collective action by engaging interested individuals, businesses, corporations and community groups.

With the help of our donors, the Kinark Foundation provides funding for programs that strengthen child and youth mental health, resilience and well-being; that provide support to parents and other caregivers; and that contribute to safe and healthy communities.

In selecting projects to fund, we encourage excellence, innovation and the use of evidence-based practices and we look for opportunities to strengthen organizational and community capacity. Our grants are targeted at prevention, early intervention and treatment programs. We are also committed to addressing stigma by supporting activities that promote greater awareness and understanding of mental health problems in children and youth.

It has been a years of "firsts" for the Kinark Foundation. Our first funding cycle led to several innovative and exciting requests for funding for new projects and for the enhancement of existing Kinark programs. We look forward to sharing with our donors and other stakeholders the impact of this new funding in the near future. Below is a summary of projects that received funding from the Kinark Foundation in 2008-2009:

- Mentoring and life skills for children and youth with mental health problems
- Projects that engaged youth to build positive relationships and to promote their own well-being and independence
- Respite programs for families
- Educational programs offered by the Kinark Outdoor Centre
- Social-recreational opportunities for children and youth, including summer camp
- Building bridges with First Nations communities in support of child and youth mental health.

The Kinark Foundation Advisory Board was established this year and had its first meeting in February 2009. The Advisory Board members — whose names can be found on page 22 of this report — are local and international experts in the fields of child and youth mental health research, clinical

practice, and policy and community development. These esteemed professionals bring to the attention of the Foundation initiatives that may be appropriate for funding and provide insights into new developments in the field of child and youth mental health, including emerging research and program outcomes. Members also act as a sounding board for the Kinark Foundation to test ideas, strategies and plans and they may be asked to provide feedback on grant applications submitted to the Foundation.

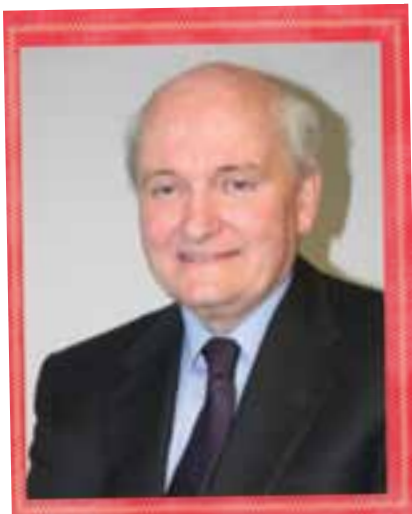
At present, we are hard at work planning the inaugural Kinark Golf Classic, taking place on August 19, 2009 at Pheasant Run Golf Club in Sharon, Ontario. We appreciate the support of our corporate sponsors, including Presenting Sponsor, Manulife Financial, and to the team at Pheasant Run who have chosen Kinark as their charity partner for 2009 and 2010. Funds raised at this tournament will support child and youth mental health programs offered by Kinark and give us an opportunity to showcase the significant contribution Kinark makes to the well-being of children, youth and families in our communities. We look forward to the Kinark Golf Classic becoming one of our signature events and serving as a forum for both fundraising and "friend raising."

The Foundation has developed and is now implementing an ambitious plan to raise significant funds that will be invested in child and youth mental health programs in both the short-term and in the years to come. This funding will touch the lives of children, youth and families directly and will have an impact on how communities come together to address mental health and mental illness in children and youth. If you want to be part of making this plan a reality, please contact us.

The success of the Kinark Foundation depends on the creativity, vision and hard work of many talented individuals. It has been our pleasure to serve with the dedicated members of the Board of Directors of the Foundation and to collaborate with Kinark's Board, management and program staff. We appreciate the enthusiasm and input of our respected Advisory Board members and are grateful to the Friends of Kinark, a group of community leaders who act as champions for Kinark and for children's mental health. We would like to acknowledge and thank those Kinark employees who give regularly to the Foundation through payroll deduction. As professionals, you make a difference in the lives of children, youth and families every day and, as donors, you further demonstrate your willingness to help. We are very grateful to all our supporters – individuals, foundations, businesses and community groups. With your support, the Kinark Foundation makes a positive difference in the lives of children, youth and families dealing with mental health problems.



Bill Clarke
President



Shanana Spencer-Brown
Executive Director



Our Donors

Philanthropy is all about making a positive difference in the world by devoting your resources and your time to causes you believe in.

- Jeff Skoll, philanthropist and former President, eBay

We make a living by what we get; we make a life by what we give.

-Winston Churchill

We are very grateful to all our supporters.

In addition to gifts made to the Kinark Foundation, we acknowledge all monetary donations to Kinark Child and Family Services and issue tax receipts where applicable. These funds are then granted to Kinark to support programs for children, youth and families. We honour the requests of those donors who direct us to use their gifts for a particular purpose; undesignated gifts to the Foundation are used where the need and impact is greatest. We thank the companies who made generous gifts-in-kind of donated products and services to enhance Kinark's programs and directly benefit the children, youth and families served.

DONORS APRIL 1, 2008 – MARCH 31, 2009

INDIVIDUALS

Anonymous (6)
Anne Andrzejewski
Charanjit Bambra
Scott Bark
Margaret Bateman
Aleta Bell
Louise Bennett
Dale Biddell
Lenora Blackmore
Ruth Blishen
Don Bocking & Ann Morawetz
Steven Boily
Adam Borgida
Gary & Michelle Bouck
Constantin Boundas
Jacquie Brown
Richard Brown
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Ron Cambridge
Helen Casmey
Ron Chambers
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 Canadian Cystic Fibrosis Foundation,
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Multiple Sclerosis Society of Canada,
 Peterborough Chapter
 Munn's United Church, Oakville
 Museum Camp
 National Sports
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 Peterborough Agricultural Society
 Queensway Cathedral,
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 Quota International of Huronia
 Salvation Army (Orillia/Midland and
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 Terra Greenhouses
 Tim Hortons (Barrie/Elmvale/Midland/
 Oakville)
 Trent Summer Sports Camp
 Triumphant Church, Brampton
 Wild Rock Outfitters
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WE ACKNOWLEDGE THE SUPPORT OF THE FOLLOWING ORGANIZATIONS THAT FACILITATE DISTRIBUTION OF DONORS' GIFTS:

Link Charity Canada
 Northumberland United Way
 United Way of Ajax-Pickering-Uxbridge
 United Way of Greater Simcoe County
 United Way of Peterborough & District
 United Way Toronto

We have done our best to ensure the
 accuracy of this information. We apologize for
 any errors or omissions.

Kinark Foundation is a registered charity
 #83823 6164 RR0001. Audited Financial
 Statements are available upon request by
 calling the Foundation at 905-944-7086.

Kinark Foundation Leadership and Governance

KINARK FOUNDATION BOARD OF DIRECTORS

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Mark Walsh

Treasurer

Mark Porretta

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Ed Kirk

Salim Manji

Chief Donny Morris

Sherry Mosko

Directors

Shanan Spencer-Brown

Executive Director

Peter Moore

Executive Director;

Kinark Child and Family Services

KINARK FOUNDATION ADVISORY BOARD

Dr. Jean Clinton

- Professor, Department of Psychiatry and Behavioural Neurosciences, McMaster University

Dr. Simon Davidson

- Chief Strategic Planning Executive, Provincial Centre of Excellence for Child and Youth Mental Health at CHEO
- Chair, Children and Youth Advisory Committee, Mental Health Commission of Canada
- Chair, Division of Child and Adolescent Psychiatry, Department of Psychiatry, University of Ottawa

Dr. Bruce Ferguson

- Director, Community Health Systems Resource Group, The Hospital for Sick Children
- Professor, Psychiatry, Psychology and Public Health Science, University of Toronto

Dr. Debra J. Pepler

- Distinguished Research Professor of Psychology, LaMarsh Centre for Research on Violence and Conflict Resolution, York University
- Senior Associate Scientist, Hospital for Sick Children
- Scientific Co-Director, PREVNet

Dr. Matt Sanders

- Founder, Triple P - Positive Parenting Program®
- Director, Parenting and Family Support Centre and Professor, Clinical Psychology, School of Psychology, University of Queensland



OUR VISION

As the leading public foundation dedicated to supporting children's mental health initiatives in Ontario, we improve the future for vulnerable children and youth and their families.

OUR MISSION

The Kinark Foundation is dedicated to advancing the social and emotional well-being of children and youth by raising funds and creating awareness in support of Kinark Child and Family Services and other community organizations focused on children's mental health.

OUR VALUES

Accountability and integrity.

Focus on results.

Improve outcomes through innovation.

Build capacity.





“The caseworker was able to help me connect with my son’s school and our community, which gave me peace of mind. The counsellor gave us the opportunity to sit down together as a family to debrief and learn how to handle the situation even better next time.”

~Gloria, mom of David

Our Locations

Information: 1-888-4-KINARK (1-888-454-6275)

Visit www.kinark.on.ca or e-mail info@kinark.on.ca



KINARK OUTDOOR CENTRE

Minden, ON, 1-800-805-8252,
www.koc.on.ca

SYL APPS YOUTH CENTRE

Oakville, ON, 905-844-4110

CENTRAL EAST AUTISM PROGRAM (CEAP)

Markham, ON, 905-479-0158 or
1-800-283-3377

SCHOOL SUPPORT PROGRAM – AUTISM SPECTRUM DISORDER

Markham, ON, 905-479-0158 or
1-800-283-3377

CORPORATE OFFICE AND KINARK FOUNDATION

500 Hood Road, Suite 200
Markham, ON L3R 9Z3

DURHAM REGION

1916 Dundas Street East, Unit 2
Whitby, ON L1N 2L6

NORTHUMBERLAND COUNTY

20 Strathy Road, Unit 3
Cobourg, ON K9A 5J7

CAMPBELLFORD MEMORIAL HOSPITAL

146 Oliver Road
Room 254, 2nd Floor
Campbellford, ON K0L 1L0

PETERBOROUGH COUNTY

380 Armour Road, Suite 275
Peterborough, ON K9H 7L7

SIMCOE COUNTY

34 Simcoe Street
Barrie, ON L4N 6T4

P.O. Box 338, 354 King Street
Midland ON, L4R 4L1

YORK REGION

24 Orchard Heights Blvd.,
Unit 101A
Aurora, ON L4G 6T5

600 Alden Road, Suite 200
Markham ON L3R 0E7

45 Atherton Crescent
Keswick, ON L4P 3M6





Designed and printed with
our children's future in mind.

Annual Report **08
09**



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