



What It Takes!



Annual Report 2009-2010



Contents

Message from the President and Executive Director	2
It Takes Commitment	4
Our Mission, Vision and Values	
It Takes Leadership	6
Research and Evaluation; Kinark Outdoor Centre; Clinical Transformation	
It Takes Innovation	7
Learning to Breathe; Art Therapy; Creating Bridges for Healthy Communities	
It Takes Partnership	8
COMPASS; Dual Diagnosis Support; Connections for Students; Healthy Families Collection	
It Takes Engagement	9
It Takes Empowerment, Courage, Inspiration	10
Parent stories	
It Takes Awareness	14
Childrens' Mental Health Week; www.speakingofkidsmentalhealth.ca ; Krista Sepp Awards	
It Takes Dedication	15
Staff Service Awards; Kinark Volunteers; Board of Directors and Leadership Team	
It Takes Accountability	19
Service Activity; Auditor's Report; Condensed Statement of Financial Position	
It Takes Gratitude	24
Thank you to our Funders	





The saying goes, “It takes a whole village to raise a child.” We at Kinark Child and Family Services know it takes this, and much, much more.

It begins with values and beliefs that each child and youth deserves to be treated with dignity and respect; that each child and youth has the right to the best possible treatments and service; and that each child and youth should live a whole and happy life.

It takes commitment, dedication and courage to make a difference in the lives of children, youth and their families. Marked by their enthusiasm and passion, our team of more than 800 employees and 200 volunteers continues to illustrate and define excellence in service.

With sound clinical principles and knowledge, Kinark has assumed a lead role in Ontario in the implementation of evidence-informed practices, resulting in enhanced clinical quality for our clients. Emphasis on research and evaluation allows us to measure and monitor service effectiveness at individual and agency levels and to partner with universities and colleagues to reach for new solutions for child and youth mental health, youth justice and autism. We continue to take the message to our funders that evaluation is an essential element of implementation of evidence-based services across the province.

Working in collaboration with our community partners, we have developed programs and services that meet the needs of the children and youth in a variety of communities. Enhancing community



Peter Moore



Dale Biddell

President and Executive Director

Message from the

capacity and working together, we have established a range of effective and integrated coalitions and associations. Partnerships like Connections for Students, which provides support to children with autism within the education system, and Creating Bridges, which fills the gap within the South Asian community, continue to advance the work of Kinark and our partners.

It takes clear leadership to define a vision, determine a direction and move forward to achieve it. Kinark's Board of Directors has worked assiduously to remodel governance in addition to maintaining accountability and responsibility. The board is aligned with senior management on the importance of advocacy. As part of a long term plan, two sub-committees have been established to:

- address integration of services across sectors serving children; and
- further support and advocate for sound, rationale youth justice policies.

All of this work is within the context of increasing awareness and public education of child and youth mental health.

Supporting parents and youth to have a voice is empowering for all of us. Engaging parents and youth to find their voice and share their stories helps to eliminate stigma about mental health, youth justice and autism. Kinark developed and launched an online resource, www.speakingofkidsmentalhealth.ca, to provide parents, youth and those who work with youth a place to find information, seek help and offer opinions. Venturing into the new world of two-way communications, we became experts in blogging and offered forums to build communities of interest and begin the important conversations that will move the interests of children, youth and families forward.

Our increased collaborations with parents have borne fruit over the past year. Parents from the Central East Autism Program joined with other parents from across the province to develop www.Aptalk.ca—a website for parents with children on the autism spectrum to share their stories. We were thrilled to hear the Minister of Children and Youth Services announce that an innovative proposal to explore parent navigation, submitted by Parents for Children's Mental Health in partnership with Kinark, has been approved for funding. Expertise is realized through best practice. The spring of 2009 saw Kinark pass through our fourth accreditation with Children's Mental Health Ontario with flying colours.

A social responsibility platform has been adopted for the agency and significant efforts have been made to ensure a culturally competent and greener Kinark.

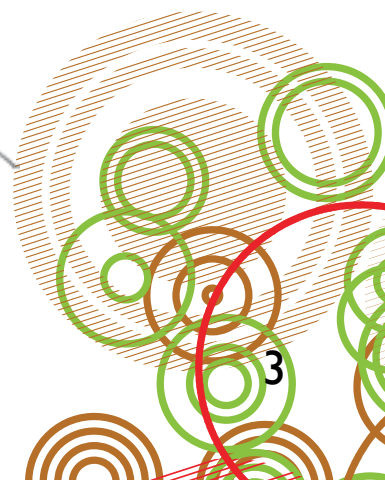
Recognizing it takes a whole village, we are grateful for the ongoing support from our Ministry funders and our many community partners. We continue to work with and are thankful for the efforts of the Kinark Foundation. Kinark benefits from the profile of the foundation as well as the financial support received for an assortment of programs and activities.

We are especially appreciative of our employees and volunteers whose dedication and commitment paved the way for our many achievements of the past year.

The knowledge that Kinark makes a difference in the lives of children and youth across Ontario is truly inspirational. For Kinark what it takes is commitment, collaboration, engagement, creativity and spirit. We find all of this and more in the stories our clients share, in the devotion of our volunteers and in the tireless dedication of our employees.


Dale Biddell, President


Peter Moore, Executive Director





It Takes **Commitment**

As the largest children's mental health organization in Ontario, Kinark Child and Family Services provides professional help to more than 12,000 children, youth and families every year.

Our Mission

Caring, helping, healing — so children and youth can live socially and emotionally healthy lives.

Kinark provides everything from parenting advice to help for children and youth with chronic and multiple mental health issues. In addition, Kinark provides intensive treatment and support to youth in conflict with the law as well as a range of programs for children and youth with autism.

Our Vision

Transformational Leadership for the mental well-being of children and youth.

Our Core Values

Mental health is as important as physical health.

Every individual is entitled to be treated with respect and understanding.

Each child and youth is entitled to the best methods of treatment.

We don't give up on children and youth.



Research and Evaluation

Recognized as a valuable resource at Kinark, evaluation employs all methods of research and is driven by factual questions to determine if an intervention or program is doing what it is intended to do. Evaluations are used to develop programs; assess community, program and client needs; and understand processes and outcomes. It is a critical, integral part of mental health services and is the basis for evidence-informed practice.

Our evaluations at Kinark take an ecological approach that includes client, service provider, intervention, organization and community factors. Our formative approach is designed to improve and enhance the work of the agency and service providers. We focus on empowerment by engaging people and providing them with tools and information so evaluations become a part of the work and are used for planning, management and inclusion of client experience at all levels of service.

Kinark Outdoor Centre

Situated on a 243-hectare site with a diversity of natural features from wetlands to mature forest, the Kinark Outdoor Centre boasts 25 km of trails, a private lake, interpretive areas and the Sustainable Living Centre. With 20 years of leadership in environmental programming, the KOC's commitment to learning, challenge and adventure continues to flourish and inspire.

The Sustainable Living Centre is a dynamic example of the leading edge in sustainable building design and construction. In sustainable building, the goal is to create beautiful, functional and comfortable space using materials and methods that have the least possible effect on the environment during construction. The finished building, which operates in a manner that minimizes its environmental impacts, is built to last. At the end of its life, the structure can be dismantled with many reusable components and little or no toxic waste. The wide range of eco-programs and activities offered at the Sustainable Living Centre foster environmental education and responsibility in a unique, beautiful and innovative setting.

Clinical Transformation

Kinark's belief in clinical excellence and the delivery of high quality services to children and families has become entrenched in the work we do—and how we do it—through the process of Clinical Transformation.

An agency-wide initiative which began in 2006, Clinical Transformation is responsible for the implementation of uniform, sound clinical practices driven by evidence-based and promising practices, knowledge transfer and exchange.

Successful implementation in such a large and diverse agency has positioned Kinark as a leader in service delivery and change-management within the child and youth mental health sector.

It Takes
Leadership



It Takes Innovation



Learning to BREATHE

The Learning to BREATHE (L2B) project, connected to Mindfulness Based Stress Reduction (Jon Kabat-Zinn), is an interactive mindfulness-based program designed to help youth gain the inner edge. By fostering empowerment, developing social and emotional regulation, and increasing awareness of sensations, thoughts and emotions, L2B is a successful intensive training in mindfulness meditation. It's a collaboration of the CrossRoads team and the STRIVE team under the stewardship and direction of Roy Hints, Dr. Patricia Broderick (Professor, Department of Health Director, Stress Reduction Center, West Chester University of Pennsylvania); Stephen Chadwick and Heidi Bornstein (MBSR and Learning 2 BREATHE instructors), and Lindsay Muir (Kinark researcher), all of whom have brought this program to life at Kinark.

Art Therapy

The art therapy program at the Syl Apps Youth Centre offers youth the opportunity to explore difficult memories while maintaining a distance from issues and experiences that may be too overwhelming to articulate in words.

Since its introduction in 2005, the program has enabled youth to explore their strengths, express their creativity, build

relationships that foster growth, and find ways to cope with difficult emotions.

Using the creative process to improve and enhance physical, mental and emotional well-being, art therapy is based on the belief that the process of artistic self-expression helps people to resolve conflicts and problems, develop interpersonal skills, manage behaviour, reduce stress, increase self-esteem and self-awareness and achieve insight.

Creating Bridges for Healthy Communities

Through Creating Bridges for Healthy Communities, Kinark collaborates with Social Services Network and Blue Hills Child and Family Services to build meaningful connections between the South Asian community and child, youth and family services in York Region. Providing education about social and emotional wellness and mental health to the South Asian community, Creating Bridges supports children's emotional well-being through regular, predictable and consistent opportunities for parent engagement and community linkages. The project partners also work with families to facilitate access to children's mental health services. The three-year initiative is funded through the Trillium Foundation.

It Takes Partnership

COMPASS — Community Partners with Schools

COMPASS is a dynamic school and community based initiative inspired by a shared vision of a continuum of coordinated and integrated supports for children, youth, families and communities. As a partner of COMPASS in Simcoe County and York Region, Kinark works with representatives from education, mental health, public health, recreation, early years, local government, youth justice and faith groups to develop and implement supports across both communities.

Dual Diagnosis Support

Funded by the Central West Region of MCYS, a special position was created to support both developmental services and children's mental health agencies serving dually diagnosed youth, their families and service providers. The purpose is to provide system navigation support and consultation regarding best practices for complex needs clients. Seen as an enhancement to the existing Peel system of services, this partnership is a resource to families and youth for a short term intensive period to enable implementation of effective treatment recommendations.

Connections for Students

Effective collaboration is at the heart of Connections for Students. In this newly implemented joint initiative of the Ministry of Children

and Youth Services and the Ministry of Education, Kinark's School Support Program—Autism Spectrum Disorder (SSP-ASD) works closely with 11 partner school boards in Central East to support seamless transitions for children leaving Intensive Behavioural Intervention with the Central East Autism Program and entering full-time school. As part of a multidisciplinary transition team, and alongside school board staff and parents, Kinark's school support consultants develop individualized planning and supports to foster each child's success. Providing more extensive wraparound services for children with an ASD, Connections for Students showcases our strength in partnership.

Healthy Families Collection

Through the Healthy Families Collection housed in public libraries in Durham Region, Peterborough and Northumberland, families and community members are able to take advantage of various resources on mental illness, learning disabilities, social pressures and family breakdown. The resources, made possible by a grant from the Kinark Foundation, are designed to provide positive outcomes including healthier children and families, safer communities, educational and community achievements, reduction of stigma and increased community partnerships and capacity.

It Takes Engagement

Kinark embraces and promotes the principle that meaningful involvement of parents and youth in all aspects of service is critical to transformation in the mental well-being of children and youth.

Involvement of families and clients is an essential aspect of our work—it is, in fact, crucial to the quality of what we do. The following principles provide a guiding foundation for our engagement of children, youth and families, both in our clinical work and community-based initiatives. Setting these standards helps us to measure our success.

1. We believe that the meaningful involvement of children, youth and families is critical to the success of Kinark's programs and practice:

- we provide relevant and accessible information to support full participation at all stages of client service involvement with Kinark;
- we exercise an inclusive approach to assessing the effectiveness of the evidence-based and promising practices throughout the agency;
- we understand that effective treatment at Kinark is client driven; and
- we provide an inclusive and responsive approach to children, youth and families from diverse backgrounds and communities.

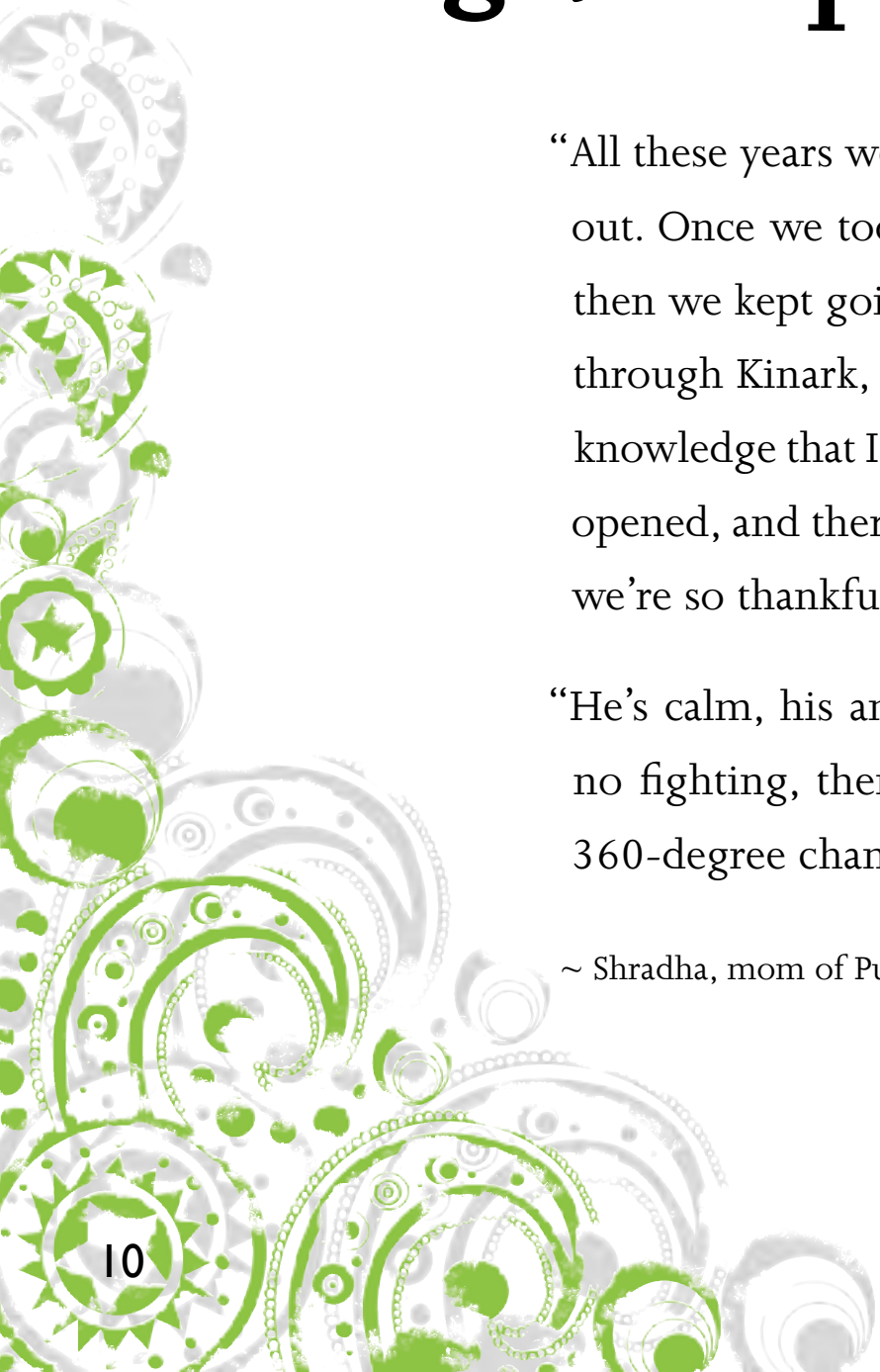
2. Our work with clients and families is based on respect, inclusion and care as referenced in our Statement of Clinical Principles.

3. We recognize that the voice of children, youth and families is a most powerful tool in creating awareness of children's mental health and building a system that meets their needs. Kinark has a significant role to play in supporting that voice and finding effective strategies to build capacity in the community.





It Takes
**Empowerment,
Courage, Inspiration**



“All these years we needed help, and we never reached out. Once we took that one step, and I saw it helped, then we kept going. There is so much I have achieved through Kinark, through their help. There is so much knowledge that I have gained, so many doors that have opened, and there is an amazing difference in my son, we’re so thankful for that.

“He’s calm, his anger doesn’t show anymore, there is no fighting, there is peace at home. It’s a complete 360-degree change for us, it’s amazing.”

~ Shradha, mom of Puneet



“We were beyond skeptical...but it was our last chance for our son.

“It became a partnership very quickly. Within the first month or so our worker made a relationship with us, earned our trust. They made a relationship with our son, earned his trust and then started the work. Every single thing that was offered to us was done and then some.

“We are more determined now than ever to be together as a family. We have the patience to work through our issues and continue on...We just keep going forward, we keep going through the next phase, the next step, and actually enjoy spending time together.”

~ Robin and Jason, mom and dad of Dalton



“Joshua began service in 2002, two days before his third birthday, and was in the IBI program for three years. He was a severely autistic child, out of control all day, every day. We weren’t even worried about the fact that he wasn’t speaking, it was the behaviour — the rocking, the hand flapping, the self-injurious behavior, the not being able to transition anywhere, not being able to leave the house. Very severe traits that have completely disappeared.

“He went so much further than anyone’s expectations. As soon as he started to be able to communicate, once the

severe behaviours were dealt with, it changed everything. He learned. He was a sponge. He couldn’t get enough.

“There wasn’t a person in our house who wasn’t on board with Kinark. Everybody followed through with what they were doing. Never did anybody ever waver.

“Ten years ago, no one could have told me we’d be here right now. Kinark was really good at making me believe that things were possible.”

~ Karen, mom of Joshua

“My son was diagnosed with Oppositional Defiant Disorder (ODD). He was in Grade 1, and I needed support for him and for myself. I was nervous, I had never been to family services and I think there’s a lot of stigma about going in to ask for help for your children. Now, that stigma has totally left me. I talk about my son having ODD, he talks about ODD, and how Kinark has helped our family.”

~ Bev, mom of Myles



Children's Mental Health Week (May 1–9, 2009)

Children's Mental Health Week was filled with activities and events taking place across the agency with the purpose of raising awareness of issues to eliminate stigma and create public awareness. Green ribbons were distributed throughout Kinark and beyond. Members of Provincial Parliament sported green ribbons in the legislature at Queen's Park and media coverage included interviews with the Toronto Star and CBC Radio.

www.speakingofkidsmentalhealth.ca

As the sector prepared to celebrate National Day of the Child in November 2009, Kinark introduced a new website to provide mental health resources and support to parents, youth and people who work with children and youth.

The website, www.speakingofkidsmentalhealth.ca, shares stories of children and youth as well as the latest mental health news for those looking for information, opinions, professional and peer support. Blogs and support forums feature current and relevant information to assist the growing needs of youth, parents and professionals.

Krista Sepp Memorial Awards

The Krista Sepp Memorial Awards are held each year to recognize the high quality work and dedication of child and youth counselors/workers from across Ontario. In 2009, Robin Thorel of the Vanier Children's Services was the recipient of the Horizon Award, while the Mentoring Award recipient was Maria Buzdon of the Toronto Catholic District School Board. Kinark was well represented with six nominations.



It Takes **Awareness**





It Takes Dedication

Staff Service Awards

The Kinark team is committed to making a difference in the lives of children, youth and families. Our strength comes from the loyalty and devotion of our employees and their continued pursuit of excellence.

Autism Services

Samantha Conroy 5 Years
Kristin Gunby 5 Years
Kimberly Parker 5 Years
Maria Skidelsky 5 Years
Jennifer Snider 5 Years
Nzambi Teixeira 5 Years
Indre Valadka Paz 5 Years
Adelle Volpone 5 Years

Corporate

Merina Fernando 5 Years
Lloyd Hanson 5 Years
Akhia Hughes 5 Years
Pamela Marriott 5 Years

Lindsay McCabe 5 Years
Jane Dawes 15 Years
Julie Masotti 25 Years
Merle Chittick 30 Years
Jacquie Brown 35 Years
Peter Moore 35 Years

Durham

Douglas Birchall 5 Years
Tara Booth 5 Years
Leslie Jones 5 Years
Andrea Knowles 5 Years
Janice McClure 5 Years
Raja Osman 5 Years
Rebecca Palinski 5 Years

Wendy Williamson 5 Years
Stacey Carter 15 Years
Brenda Howard 15 Years
Joanne Reilly 15 Years
Susan Blair-Drouin 20 Years
Lisa Nedjelski 20 Years
Shelagh Pulo 20 Years
Evert McIlwain 25 Years

KOC

Andrea Johnston 5 Years
Shane Sisson 5 Years
Donelda Smith 10 Years
Pat Lynch 15 Years
James McHardy 25 Years

Northumberland

Connie Sainthill 10 Years
Becky McPherson 20 Years

Peterborough

Marilyn Foster 5 Years
Laura Gregory 5 Years
Mike Maguire 5 Years
Janice Maude 5 Years
Claire McLachlan 5 Years
Anita Vlaar 5 Years
Annette Vlieg 5 Years
Matthew Sheridan 10 Years
Silvia Susac 10 Years
Joanne Warbrick 10 Years



Kristine Koster-Lilley 15 Years
Rachel Hannah 20 Years
Lisa Walker 20 Years

Simcoe

Cathy Bidwell 5 Years
Amanda Bujold 5 Years
Donna Cormier 5 Years
Claudia Placido 5 Years
Michelle Sherwood 5 Years
Stephanie Marsden 10 Years
Ruth Simmonds 10 Years
Alpar Szotyori 10 Years
Shannon Van Dyk 10 Years
Corrine Whittley 10 Years
Nancy Dutton 15 Years
Robert Hutchinson 15 Years
Marie Laronde 15 Years
Jackie Allan-Dougan 20 Years
Bernadette Copeland 20 Years

Christine Dowdall 20 Years
Gail Hamelin 20 Years
Paul Maynard 20 Years

SSP

Lisa Binns 5 Years
Ann Clarke 5 Years
Michelle Czarkowski 5 Years
Jill Duncan 5 Years
Jacquie Ferguson 5 Years
Alex Lam 5 Years
Shelly Lamain 5 Years
Cheryl McCague-Shane 5 Years
Vidya Narine 5 Years
Cheryl Neely Neveu 5 Years
Laurie O'Donnell 5 Years
Zoe Symmons 5 Years
Elaine Tordai 5 Years
Susan Vernon 5 Years

SAYC

Devon Armstrong 5 Years
Hardeep Banwait-Ajmani 5 Years
Dan Begin 5 Years
Wendy Bowes 5 Years
Michelle Braun 5 Years
Wendy Dauphin 5 Years
Gerry Hall 5 Years
Corinne Macmullin 5 Years
Roger Martins 5 Years
Christine Soloman 5 Years
Ron Woolley 5 Years
Sajjad Jaffery 10 Years
Monika McLaughlin 15 Years
Vivian Van Wagner 15 Years
William Vandyk 15 Years

York

Jennifer Ayres 5 Years
Samantha Barnes 5 Years

Angela Cummings 5 Years
Kelly Mandarin 5 Years
Joanna Manos 5 Years
Adam Williston 5 Years
D. Brett Barager 10 Years
Cathy Comer-Cook 10 Years
Rhonda Marshall 10 Years
Bernadette Nepp 10 Years
Maryann Stachowski 10 Years
Jennifer Teefy 10 Years
Mandy Wills 10 Years
Linda Zamperin 10 Years
Brian Beech 15 Years
Maureen Cloughton 15 Years
Annette Georgiev 15 Years
Cathy Romagnuolo 15 Years
Dawnmarie Cowx 20 Years
Jennifer Morgan 20 Years
Cathy Sajben 20 Years
Linda Varnam 20 Years

Kinark Volunteers

The value of our volunteers is beyond measure. We salute the many contributions and the significant impact they make on the lives of the children and youth in our communities.



Dwan Ainsworth
Kieran Andrews
Jane Attkinson
Michelle Bagshaw
Crystal Bannister
Justin Barca
Sherena Bassier

Johanna Bellman
Keith Bellman
Casey Benson
Nikki Bergen
Ben Blakey
Eileen Bolton
Elisabeth Brannigan

Tyler Brock
Ashley Brooker
Erik Buckland
Ashley Burton
Angela Butler
Yolanda Cairns
Stephanie Campoli

Elyssa Carolan
Melissa Chalker
Paul Charbonneau
Richard Chung
Rose Chung
Elizabeth Collins
Julie Comeau

Sue Cosmisso
Serena Crowhurst
Carl Currie
Kirk Dafoe
Rose Darbin
Kaitlin Dean
Celeste Des Roches
Maureen Deshane
Andrea DiCintio
Katie Doner
Jordan Dority-Steven
Beth Doyle
Brian Dracup
Darlene Dracup
Stephanie Eckl
Ginny Edwards
Leanne Edwards
John Ernsting
Reina Ernsting
Millicent Fearman
Melanie Feil
Kate Fenwick
Kathryn Ferguson
Cheryl Fernandez
Gavin Fisher
Kim Ford
Renee Fournier
Delia Francis
Steve Francis
Sharon Frogley
Nicoleta Garoiu
Lisa Genore
Tyler Goodmurphy
Sara Guthrie
Katie Hartling
Maurice Harvey
Goodith Heeney
Evan Hendrich

Isabel Henniger
Moses Henry
Stacey Henry
Ian Hepburn
Veronica Holm
Caitlin Honey
Amy Honeyman
Harry Horbay
Ted Hunter
Erik Jakobsen
Jillianne Jeffery
David Jenkins
Lou Johnson
Martin Jones
Bev Juneau
Anna Keating
Bob Keating
Travis Keller
Judy Kerr
Kiryll Khatkevich
John Kloosterman
Kristine Kloosterman
Yves Lafortune
Nicole Langley
Andrew Li
Daphne Ling
Pat Little
Grace Loucks
Stephanie Loughlin
Mark Lucas
Val Lunn
Ross MacDonald
Beau MacLellan
Michelle MacLellan
Ryan Maharaj
Taryn Manning
Jackie Manser
Maliha Mansur

Matthew Martin
Stephanie Mastropaolo
Anne Matos
Newton Matthews
Sara McConnell
John McDermot
Adrian McDonald
Yvonne McDougall
Jessica McGrath
Josh McGrath
Adam Meecham
Gail Mitchell
Mark Morant
Alan Morin
Gail Morrison
Michelle Moxley
Daniel Musselman
Amir Naveed
Shannon Nesbitt
Rebecca Nicholls
Peter Orday
Mike Osborne
Alexandra Penn
Michelle Pereira-Morrissey
Georgia Peschel
Corville Peters
Martha Peters
Lorrie Powers
Amanda Prosser
Cassandra Pynn
Kate Ramsay
Beverly Richards
Dick Risk
Kurt Ross
Naomi Ross
Kim Rumble
Bill Russell
Meg Russell

Jean Sararas
Jeremy Schock
Emily Scott
Bethany Sehl
Ruchi Sood
Steve Stringer
Sheri Sutherland
Teresa Sylvester
Adam Taylor
Mike Taylor
Sarah Teeple
Lorraine Tessier
Mary Thomas
Erin Thompson
Elsie Timms
Samantha Vaillancourt
Paula Valentine
Patti Van Niedeck
Miriam Van Drunen
D'Arcy Van Nest
Resna Vanzeyl
Leah Varden
Ed Virgoe
Marie Virgoe
Alex von Bredow
Valerie Wakelin
Leslie Watson
Adam White
Hellen Wilkinson
Grace Williamson
Melanie Willis
Paul Wilson
Heather Wilton
Loretta Wood
Kathleen Woods
Tamara Woods

Kinark Leadership

We recognize that it takes determination and drive to provide strong leadership. Under the guidance of our team of leaders we are able to realize our achievements that change the lives of children, youth and families.

2009/2010 Board Of Directors

Dale Biddell *President*
John Rabeau *Vice President*
Melanie Manchee *Vice President*
Larry Elmer *Secretary*
Mark Wakefield *Treasurer*
Charanjit Bambra
Adam Borgida
Bruce Hannah
Ed Kirk
Sue Lawson
Suzette Lewis
Rick Mili
Kemi Ogunmefun
Robert Sommerville
Mary Thomas
Kate Wilson

Leadership Team

Peter Moore
Executive Director
Jacquie Brown
Director; Program Services
Anne Cummings
Clinical Director; Autism Services
Sandra Cuning
Director; Research and Evaluation
Cathy Dandy
Director; Parent and Youth Engagement

Jane Dawes
Director; Human Resources
Frances Donovan
Director; Autism Services
Jonathan Golden
Clinical Director; Community Mental Health Services
Tracy Folkes Hanson
Director; Communications
Joseph Haynes
Director; IT and Communications Systems
John Hewer
Ombudsman and Privacy Officer
Carolyn Hooper
Director; Secure Treatment and Youth Justice Services
Laurie Marsan
Program Director; Durham Region
James McHardy
Director; Kinark Outdoor Centre
Dr. Richard Meen
Clinical Director
Kathy Newton
Director; Corporate Services
Jane Rounthwaite
Interim Director; Program Services
Christine Simmons-Physick
Program Director; York Region
Kathy Simpson
Program Director; Simcoe County

Alan Vallillee
Program Director; Peterborough and Northumberland Counties
Shanan Spencer-Brown
Executive Director; Kinark Foundation

Community Representatives on Kinark Committees and Task Forces

Bill Clarke
Advocacy
Terry Fagan
Advocacy
Susan Leslie-Berkis
Clinical Quality Assurance
Sheila Masters
Advocacy
Wayne Maysuik
Technology
Grant Schwartz
Technology



It Takes Accountability

Service Activity





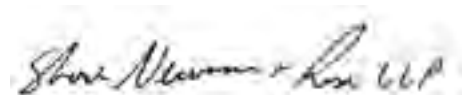
Auditors' Report

To the Members of Kinark Child and Family Services:

The accompanying condensed statement of financial position and condensed statement of operations and changes in fund balances are derived from the complete financial statements of Kinark Child and Family Services as at March 31, 2010 and for the year then ended on which we expressed an opinion without reservation in our report dated May 17, 2010. The fair summarization of the complete financial statements is the responsibility of management. Our responsibility, in accordance with the applicable Assurance Guidelines of The Canadian Institute of Chartered Accountants, is to report on the condensed financial statements.

In our opinion, the accompanying condensed financial statements fairly summarize, in all material respects, the related complete financial statements in accordance with the criteria described in the Guidelines referred to above.

These condensed financial statements do not contain all the disclosures required by Canadian generally accepted accounting principles. Readers are cautioned that these statements may not be appropriate for their purposes. For more information on Kinark Child and Family Services' financial position, results of operations and cash flows, reference should be made to the related complete financial statements.



Shore, Newman & Rose LLP
Licensed Public Accountants
North York, Ontario
May 17, 2010

Condensed Statement of Financial Position

As at March 31, 2010

	2010	2009
ASSETS		
Current assets		
Cash on hand and in bank	\$ 909,672	\$ 2,419,362
Investments	1,349,007	1,340,399
Sundry receivables	881,523	1,231,417
Due from Ministry of Children and Youth Services	111,688	133,692
Prepaid expenses and sundry	648,980	630,218
	3,900,870	5,755,088
Capital assets	5,409,725	5,616,494
Deposit on leases	102,438	167,670
	\$ 9,413,033	\$ 11,539,252
LIABILITIES AND FUND BALANCES		
Liabilities		
Accounts payable and accrued liabilities	\$ 3,391,610	\$ 4,538,889
Accrued salaries payable	627,347	966,027
Employees payroll deductions payable	535,138	470,655
Deferred special contract revenue	795,682	1,362,175
	5,349,777	7,337,746
Fund balances		
Capital Assets fund account	5,409,724	5,616,493
Central East Treatment Programs fund account	(1,645,309)	(1,646,897)
Central West and Youth Justice Programs fund account	(116,050)	(116,051)
Central East Autism Program ("CEAP") fund account	160,013	91,490
Autism Spectrum Disorder - School Support Program ("ASD-SSP") fund account	(45,706)	(45,706)
Child Care Centres fund account	11,282	12,875
Donations and Fund-Raising fund account	289,302	289,302
	4,063,256	4,201,506
	\$ 9,413,033	\$ 11,539,252

Condensed Statement of Operations and Changes in Fund Balances

For the year ended March 31, 2010

	Capital Assets Fund		Central East Treatment Programs		Central West and Youth Justice Programs	
	2010	2009	2010	2009	2010	2009
Operating revenues						
Government funding	\$ —	\$ —	\$ 20,020,838	\$ 20,222,815	\$ 11,843,287	\$ 11,474,987
Other contract funding and user fees	—	—	3,424,667	3,386,760	6,575	273,000
Child care	—	—	—	—	—	—
Donations and fund-raising	—	—	111,312	103,241	60	—
Interest	—	—	20,121	121,652	—	—
			23,576,938	23,834,468	11,849,922	11,747,987
Operating costs						
Salaries and benefits	—	—	16,308,301	16,165,721	9,889,719	9,099,051
General agency	—	—	1,911,587	1,907,644	220,941	72,575
Building occupancy	—	—	2,046,168	1,606,844	820,830	610,774
Staff travel and training	—	—	1,244,038	1,256,220	193,340	249,497
Clinical, professional and other client	—	—	761,801	1,614,709	542,539	936,384
Telephone, technology and equipment	—	—	840,337	873,535	115,769	155,179
Legal, audit and insurance	—	—	253,207	184,014	54,887	107,493
Amortization	—	—	404,354	372,057	117,507	191,019
Donations and fund-raising service use	—	—	1,944	16,548	—	—
			23,771,737	23,997,292	11,955,532	11,421,972
Excess (deficiency) of revenues over costs for the year	—	—	(194,799)	(162,824)	(105,610)	326,015
Fund balances, beginning of the year	5,616,493	4,307,847	(1,646,897)	(418,405)	(116,051)	(116,051)
Transfer additions to capital assets fund	443,225	2,015,870	(207,967)	(1,437,725)	(11,896)	(517,034)
Transfer amortization to capital assets fund	(649,994)	(707,224)	404,354	372,057	117,507	191,019
Fund balances, end of the year	\$ 5,409,724	\$ 5,616,493	\$ (1,645,309)	\$ (1,646,897)	\$ (116,050)	\$ (116,051)

NOTE: Complete copies of the audited financial statements are available upon request by calling Kinark Child and Family Services at 1-800-230-8533.

Autism Services		Child Care Centres		Donations and Fund-Raising		Total			
CEAP	ASD-SSP								
2010	2009	2010	2009	2010	2009	2010	2009	2010	2009
\$ 22,943,680	\$ 22,214,758	\$ 4,519,700	\$ 4,470,000	\$ —	\$ —	\$ —	\$ —	\$ 59,327,505	\$58,382,560
—	7,000	—	—	—	—	138	—	3,431,380	3,666,760
—	—	—	—	1,232,710	1,361,340	—	—	1,232,710	1,361,340
—	—	—	—	—	27	6,619	1,825	117,991	105,093
—	—	—	—	—	—	—	8,419	20,121	130,071
22,943,680	22,221,758	4,519,700	4,470,000	1,232,710	1,361,367	6,757	10,244	64,129,707	63,645,824
6,726,955	6,506,710	3,725,305	3,680,847	1,046,456	1,134,805	—	6,785	37,696,736	36,593,919
—	135,929	42,227	54,890	1,285	2,868	722	—	2,176,762	2,173,906
247,182	236,689	145,943	147,068	77,977	102,085	—	—	3,338,100	2,703,460
178,645	163,956	190,036	200,337	2,533	4,811	—	—	1,808,592	1,874,821
15,262,233	15,065,970	328,591	224,797	99,160	109,880	6,035	7,140	17,000,359	17,958,880
133,321	83,336	84,409	126,431	4,831	5,996	—	1,000	1,178,667	1,245,477
108,241	3,685	—	—	423	922	—	—	416,758	296,114
72,103	69,601	51,338	72,657	4,692	1,890	—	—	649,994	707,224
—	—	—	—	45	—	—	79	1,989	16,627
22,728,680	22,265,876	4,567,849	4,507,027	1,237,402	1,363,257	6,757	15,004	64,267,957	63,570,428
215,000	(44,118)	(48,149)	(37,027)	(4,692)	(1,890)	—	(4,760)	(138,250)	75,396
91,490	121,333	(45,706)	(75,551)	12,875	12,875	289,302	294,062	4,201,506	4,126,110
(218,580)	(55,326)	(3,189)	(5,785)	(1,593)	—	—	—	—	—
72,103	69,601	51,338	72,657	4,692	1,890	—	—	—	—
\$ 160,013	\$ 91,490	\$ (45,706)	\$ (45,706)	\$ 11,282	\$ 12,875	\$ 289,302	\$ 289,302	\$ 4,063,256	\$ 4,201,506

It Takes Gratitude

We are grateful to all our funders especially the ongoing support we receive from the Ministry of Children and Youth Services.

The Kinark Foundation plays a vital role in supporting many and varied programs. All monetary donations to Kinark are acknowledged and stewarded by the Kinark Foundation. The Foundation honours the requests of those donors who designate their gifts to a particular program; undesignated gifts to the Kinark Foundation are used where the need and impact are greatest. In the past year, the Foundation has made 15 grants in support of Kinark programs.

The support provided by our funders helps to continue the legacy of providing quality services and programs to children and youth struggling with mental health issues, youth justice and autism.



The Ontario Trillium Foundation provided support to the Kinark Outdoor Centre (KOC) for building improvements and educational enhancements to support environmental programming.

Support and partnership from the Provincial Centre of Excellence for Child and Youth Mental Health has been received for programs ranging from positive climate school initiatives delivered in Simcoe to evaluation grants supporting Clinical Transformation including DirectResponse and Triple P.

The Recreation Infrastructure Canada Program (RINC) provided capital funding to construct a new ropes course specialized for families and kids with autism as well as new construction to the recreation hall at the KOC.

The United Way of Ajax, Pickering, Uxbridge continued their ongoing support of our Durham SNAP Outreach program with funding for clients in the geographic areas served by this branch of the United Way.

The United Way of Northumberland County supported the operation of our Youth Crisis Line in Northumberland County.

The United Way of Peterborough and District provided support to both Triple P and SNAP parent education programs in Peterborough County.

The YMCA Youth Environmental Intern Project made it possible for two interns to work with the KOC's environmental building and programs.

Catulpa Community Support Services in Simcoe County provided additional funding and specialized training, working with Kinark to provide quality respite services to dual diagnosis children and their families.

Northumberland Respite Services provides annual funding to support Family Respite programs in Peterborough County.

A large number of in-kind donations enhanced our programs and directly benefited our clients.

A copy of the Kinark Foundation Annual Report is available upon request.



Kinark Outdoor Centre

Minden, ON, 1-800-805-8252, www.koc.on.ca

Syl Apps Youth Centre

Oakville, ON, 905-844-4110

Autism Services

Markham, ON, 905-479-0158 or 1-800-283-3377

Corporate Office and Kinark Foundation

500 Hood Road, Suite 200, Markham, ON, L3R 9Z3

Durham Region

20 Sunray Street, Whitby, ON, L1N 8Y3

Northumberland County

20 Strathy Road, Unit 3, Cobourg, ON, K9A 5J7

Campbellford Memorial Hospital

146 Oliver Road, Room 254, 2nd Floor, Campbellford, ON, K0J 1L0

Peterborough County

380 Armour Road, Suite 275, Peterborough, ON, K9H 7L7

Simcoe County

34 Simcoe Street, Barrie, ON, L4N 6T4

788 Yonge Street, Midland, ON, L4R 4L1

York Region

24 Orchard Heights Blvd., Unit 101A, Aurora, ON, L4G 6T5

600 Alden Road, Suite 200, Markham, ON, L3R 0E7

184 Simcoe Street, Keswick, ON, L4P 2H7

Our Locations



1-888-4-KINARK (1-888-454-6275)

www.kinark.on.ca

info@kinark.on.ca



Printed and designed with our children's futures in mind.



Kinark
CHILD AND FAMILY SERVICES
CARING • HELPING • HEALING

Images used in this document are for design purposes only.
Children depicted are not clients of Kinark Child and Family Services.

Annual report design by Pass It On Communications Inc.