

Beyond Expectations



Kinark
CHILD AND FAMILY SERVICES

Annual Report

2012-2013

Vision

Transformational leadership for the mental well-being of children and youth.

Mission

Caring, helping, healing – so children and youth can live socially and emotionally healthy lives.

Core Values

Mental health is as important as physical health.

Every individual is entitled to be treated with respect and understanding.

Each child and youth is entitled to the best methods of treatment.

We don't give up on children and youth.

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Message From The Chair

We are in the midst of tremendous change in how people are talking about children's mental health. It's hard to imagine that only a few years ago, it was almost unheard of for parents to admit that they had a child with a mental illness, let alone for their child to feel safe enough to speak out so that other kids could feel empowered. Today, through important shifts in government policies and programs, new and innovative education programs, stronger advocacy, and private sector involvement, fewer children are suffering alone and in silence. Instead, voices are getting stronger and starting to be heard.

Recognizing this change, we do not rest on the laurels of what we have accomplished. Despite these advances, we can not ignore the fact that stigma stubbornly persists. Some of the kids who desperately need help are too ashamed, afraid, or unsure how to reach out. Others are still being left behind because their parents are uncomfortable asking for help. On top of this, navigating the difficult maze of children's mental health services acts as an additional barrier for families trying so desperately to reach the services they need. Fortunately, making the system more accessible and effective is a key objective of the Ontario government's plan to transform children's mental health services.

At Kinark, we too are doing our part to stay true to our belief that each child and youth is entitled to the best methods of treatment, developing leading-edge approaches in evidence-based practice, transformative clinical processes and deployment of advanced technology. This year alone, we began developing a new Measurement System Project to more effectively track organizational performance and the effectiveness of our clinical services. These approaches are enabling Kinark to become a benchmark for innovation and excellence in children's mental health.

We aren't stopping there. Through the quality of our evidence-based programs and the commitment of our talented, professional and well-trained staff, we strive to give kids and their families the supports they need to be successful and exceed their expectations.



As you will see, this year's Annual Report is different than in previous years. We are featuring the perspectives of our staff, parents, children and youth to provide you with insights into their personal stories, of not only their journeys but the ways that they overcame obstacles too.

Each story is different, but the resounding theme is the same - change is happening, for the better.

At the core of this change are the people that make it happen. I would like to thank the entire Kinark team of employees, board

members, supporters and volunteers for their tireless contributions in the service of our children, youth and parents. Our highly engaged Board of Directors believes passionately in our mission and work hard to exceed expectations. I am grateful to the Kinark Foundation and its supporters for giving generously so that we can offer programs and supports not covered by government funding. At the same time, Kinark's volunteers give freely, generously, and completely selflessly of their time, skills and talents so that kids and families are well served and supported. And finally, I am grateful for the endless dedication and professionalism of our talented staff that are the heartbeat of our organization. Their commitment and passion are the hallmarks of our success, and what truly makes Kinark what it is today.

Perhaps Martin Luther King Jr. said it best. *"If you can't fly then run, if you can't walk then crawl, but whatever you do, you have to keep moving forward."*

Let's keep moving forward, together.

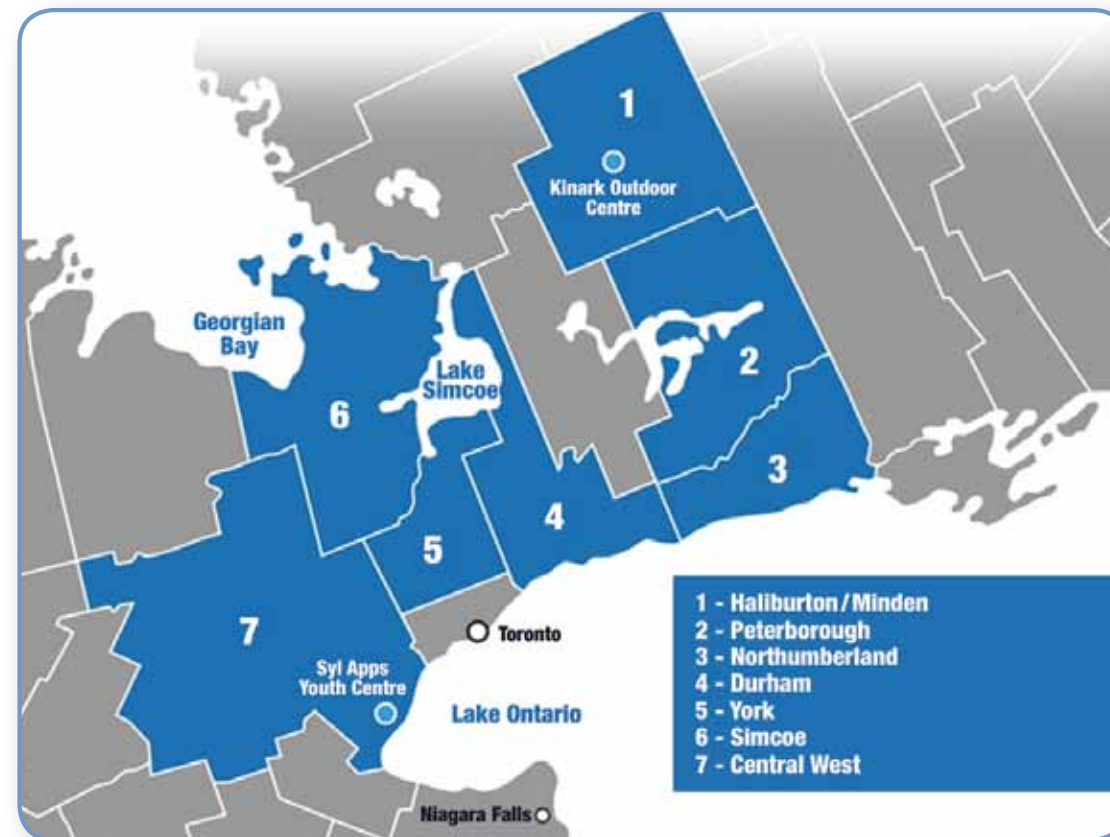


Melanie Manchee
 Chair, Board of Directors

Kinark's Three Pillars of Service

Children and Youth Services

Program and Service Areas



Kinark in Ontario

1 Community Mental Health



Kinark provides evidence-based services that include individual, family and group counselling for children and youth living with mental health issues that affect their emotions and behaviour.

Additionally, community mental health services are provided in conjunction with child welfare agencies, schools and school boards, and other children's mental health centres and community organizations.

Kinark also operates the **Kinark Outdoor Centre** (KOC) in Minden, Ontario, providing programming, respite, and therapeutic recreation. Kinark works collaboratively with First Nations communities in northern Ontario to provide assessment, training and consultation services.

2 Autism



Kinark supports children with **Autism Spectrum Disorder** (ASD) and their families throughout Central East Ontario.

Kinark delivers **Intensive Behavioural Intervention** (IBI), capacity building supports for parents, caregivers, the school system and other service partners.

The **School Support Program** (SSP) provides training, consultation, and resource development to teaching staff and school board personnel in Ontario's publicly funded schools. Through the **Connections for Students Program**, SSP provides transition support to children with ASD and their families.

3 Forensics and Youth Justice



Kinark offers institutionally and community-based forensic services.

Syl Apps Youth Centre (SAYC) is a secure youth mental health facility in Oakville that can provide support for up to 50 youth at a time. It is also the only facility in Ontario designated to accept youth by order of the Ontario Review Board.

Intensive Support and Supervision Program (ISSP) offers an alternative to custody for kids in conflict with the law who can be safely supported in the community. It provides youth with comprehensive assessment and treatment to address their behaviour and mental health issues while assisting them to build their capacity to live productive lives.

Kinark's STRIVE Program Gives At-Risk Youth The Chance to Flourish

Community Mental Health



Youth in the STRIVE classroom.

The Supporting Teenagers in Readiness for Independence, Vocation and Education (STRIVE) program is a special place where each and every teenager, regardless of individual challenges, can find the support he or she needs to thrive and exceed expectations.

Nobody knows this better than Karen, otherwise known as "Trogdor", an 18-year-old STRIVE student, who suffers from depression and high anxiety. "STRIVE had been suggested to me many times in counselling because of my struggles in mainstream schools. At the time, my state of mind was closed. I wasn't open to the idea of moving on with life or trying to get out of the despair I was in. I thought I was meant to be stuck hopeless forever," Trogdor, recalls. "I gave up on mainstream schooling after years of being bullied, and struggling with depression and anxiety."

Trogdor's mother Jane said before Trogdor entered the STRIVE program their family was living a nightmare. "A lot of times she didn't want to live anymore, she just had enough, didn't know how

to move on, and didn't want to move on, so basically we were living in hell. Everyday was just the same thing," says Jane. Trogdor's depression and anxiety got so bad to the point she had to be hospitalized for her own safety. "Months later my daughter agreed to try out the STRIVE program and I thank God for the program and its amazing staff."



Although Trogdor was scared to start something new, she knew she needed a change. "On the first day of entering STRIVE, the team made me feel welcome, like they were actually excited for me to be there. They had hope for me. They gave me confidence and helped me with my self-esteem. They really tried to understand me," says Trogdor.

For 20 teenagers between the ages of 13 and 18, STRIVE is providing the building blocks to help these teens flourish, exceed expectations and be contributing members of society.

During the summer of 2012, with the help of STRIVE staff and Peterborough Youth Services, Trogdor got a job working at a pet

store. "Trogdor loves animals and by being given the chance to work at a pet store, she was able to feel valued, build her confidence and be part of a team," says Jane.

The STRIVE team is made up of two child and youth workers, two teachers, one social worker, and one supervisor. Students also have access to a nurse, psychologist and psychiatrist who come in part time to assist. "The entire staff and my peers at STRIVE treat me with respect and kindness. I've never felt more comfortable with a group of peers. I feel understood and not alone," says Trogdor.

"School work is focused on reading, math and important life skills. However, students at STRIVE can also take a number of other credits such as physical education, history, geography, careers and civics," says Joanne McCarthy, Supervisor of Educational Services of the STRIVE program. "In the classroom, students are supported to work at their own pace and at the skill level most appropriate for them."

STRIVE is taking action to promote healthy eating and healthy food choices at school. Students are provided with a healthy breakfast, lunch and snacks every day provided in part through the generous donation of Kawartha Food Share. To pay it forward, STRIVE students spend time volunteering and giving back to the community. "This year STRIVE students are paying it forward by growing and nurturing plants in a greenhouse and

when matured they will give those plants to seniors at local nursing homes," says Joanne.

Trogdor not only looks forward to going to school, but has built meaningful relationships with her peers, says Jane. "I am so grateful for the hard work of the STRIVE program and staff. Trogdor likes belonging to STRIVE as a student and I know she is in a safe environment where she is understood."

STRIVE is just one example of the community mental health services Kinark offers. The program provides a robust menu of evidence-based services for children and youth who are living with mental health issues that affect their emotions and behaviour. Some children and youth may be experiencing bullying or abuse or living with depression, anxieties, mood disorders or conduct disorders.

Our treatment services include individual, family and group counselling for children and youth who are living with their families or on their own in their communities or in one of our residences. Ranges of services are provided in our offices, in schools and other community sites and in clients' homes.

Kinark provides services to children and youth requiring residential treatment in a number of small residences operated in the Peel, Simcoe, York and Peterborough areas.

Kinark also works collaboratively with First Nations communities in Ontario's far north to provide assessment, training and consultation services.



A mural designed and painted by the students in the STRIVE program represents collaboration, camaraderie, and partnership.

2 Kinark's Autism Services Help Kids Meet Milestones

Autism Services

A warm, energetic, bright boy who loves to play is how Opal Veiva describes her son. Evan gets excited about math problems and video games like Mario, Tetris and Pac-Man. Evan Veiva's story began 12 years ago in Markham, Ontario. Evan's mother, Opal, became concerned when her son was not meeting key milestones for his age of development.

"Evan was not making eye contact with me, imitating movements and facial expressions and didn't respond to his name or to the sound of a familiar voice," says Opal.

Luckily, Evan's autism was diagnosed early. At the age of three, Evan was assessed and was eligible to start with Kinark's autism services.

There are so many reasons that make Kinark the best organization for autism services, explains Opal. "The Kinark workers are extremely dedicated to helping families and children with autism. The workers are so good at their jobs, which is obvious in the progress Evan has made."

With the help of Kinark and partner agencies, Evan is improving day after day and amazing those around him by his transformative progress. "Evan is now able to keep conversation and articulate what he wants with words instead of just pointing at something," says Opal.

When it was time for Evan to transition to Coledale Public School, Kinark provided consultation to teachers and staff at the school making for a smooth adjustment. Opal says, "Evan settled in very well at Coledale within a few weeks. With the help of Kinark staff, the school and teachers were extremely pre-



pared. They have had little to no issues and said the whole process worked out well."

Kinark's Central East Autism Program (CEAP) provides Intensive Behavioural Intervention (IBI) to children like Evan, who have been diagnosed as having an autism spectrum disorder and meet the criteria for program eligibility under the Ministry of Children and Youth's guidelines. "CEAP also provides transitional support services for children who are phasing out of the program and entering into other community services, including school," says Frances Donovan, Director of Autism Services at Kinark Child and Family Services.

Kinark and its service partners provide both home-based and centre-based programs.

Opal has been essential to Evan's success. One-on-one support offered by Kinark helps parents like Opal assist their children in reaching their goals. "Evan is where he is today because of the caring, helping and healing community support of Kinark," says Opal.

Evan is a clever, lively and fun loving-child, who loves computers, math, numbers and games. He is a math wiz and figures out most math equations within seconds.

"I see Evan's future as bright and I am confident he'll be successful," says Opal. With his keen math skills, Opal envisions Evan working in finance, in the stock market and/or investments.

"I cannot thank Kinark enough for making an extraordinary difference in our lives and giving Evan the chance to thrive," says Opal.

Former Kinark client, Evan, embraces his mother, Opal.



Kinark Outdoor Centre Provides Respite For Families Who Have a Child With Autism Spectrum Disorder

Regardless of best intentions, there are times for every parent or caregiver when life can become overwhelming. Parents require the same kind of support they give their children, and that is why a period of respite, at some point, is indispensable.

A significant piece of giving children and youth the best start possible is making sure they and their families have the supports they need to be successful and exceed expectations.

The Kinark Outdoor Centre (KOC) operates year-round to provide a rich variety of outdoor education programs and autism support programs tailored to a wide variety of needs and interests. From skills development, family enrichment and social recreation to ecologically focused, adventure-based experiences, KOC offers high quality programming and one-in-a-lifetime experience in a well-supported and

beautiful environment.

"We are so grateful for all you have done to make this weekend enjoyable for everyone in our family," says Anita Pacheco-Swanton who attended the Summer Family Camp session at KOC. "It has been a challenging year for us and although we love to travel and experience many outings together, it can become overwhelming and stressful in a matter of seconds. This weekend was the best weekend we've had in such a long time. We thank you from the bottom of our hearts."

The remarkable weekend the Pacheco-Swanton family experienced would not have been possible without the Kinark Outdoor Centre. Let's continue to exceed expectations.



One of many KOC activities: spider web team-building exercise.



Kinark's Syl Apps Youth Centre (SAYC) and The Community-Based Intensive Support and Supervision Program (ISSP)

Forensics and Youth Justice



Many of Brian Vaillancourt's friends wonder why he enjoys working at Syl Apps Youth Centre, a secure youth mental health facility in Oakville. For the past 18 years, Brian, Acting Supervisor, Cottage 8 and former recreational program coordinator, has come in contact with some of the most challenging youth in Ontario. Some are in custody or on trial for an offence, while others, in secure treatment, have caused or attempted to cause serious harm to themselves or others.

What makes Brian enjoy his job? Most likely, a strong set of nerves. While he is tall in stature, what truly sets him apart is empathy.

"Kids don't commit crimes for no reason," says Brian. "Many factors play a role in youth ending up in our care. Yes, they have



done bad things, but they are still kids and have their entire lives ahead of them."

"No one likes to see kids in secure care, but if it keeps them safe and helps them learn the skills they need to succeed in the community then it is time well spent. The goal is to have youth return to society healthy and with the skills and outlook to succeed," says Brian.

An Eye For An Eye Does Not Work With Children

Some people say that these kids should just be punished for their crimes. Brian strongly disagrees. "Placing a child in secure care is the ultimate punishment."

"I couldn't imagine how scary it must be for a youth to be in secure care. Further pun-



ishing these kids will only make them more antisocial and often more aggressive," says Brian. "We can't change the past, we can only move forward to provide treatment and give them opportunities for the future."

Syl Apps Isn't What Most People Imagine When They Think Of A Secure Facility

When most people think of a secure mental health facility they may think about "locked doors and guards keeping watch," explains Brian. From the moment you enter the doors, you realize Syl Apps is about more than that. People are surprised to see kids not only walking around, but freely engaging with staff in a wide variety of activities. "The focus is to help heal and treat the youth in our care," says Brian.

Resources also include a large gym, outdoor soccer/football fields, a baseball diamond, and an auditorium where Brian has spent the majority of his time working as a recreation staff, helping to plan the youth's recreation and leisure activities. Brian also works in partnership with the school, physical education department, horticulture and wood shop classes, and food room.

"Still, it can also (understandably) be a shock to those kids to be in a secure facility," explains Dr. Rod Evans, Director of Clinical Services at Syl Apps. This is why it is particularly important for staff, including Brian, to "provide them with the resources needed during their transition, and eventually their return to the community."

"The activities are designed to not only offer a balance between physical and leisure activities but to encourage youth to find things that interest them."

Walking A Mile In A Child's Shoes

The facilities and activities benefit the kids, but what really makes a difference is having a human support network.

"Many of the kids do not have any parental guidance or support," says Brian. At Syl Apps, the multi-disciplinary team become their role models. "Part of my job is to show/teach them that not everyone is bad, a responsibility that I take very seriously," says Brian. Knowing what Brian does each day creates a true appreciation for his job, and the empathy he carries with him, says Cathy Paul, Interim President and CEO, Kinark Child and Family Services. "Brian puts the needs and interests of kids first and is an excellent role model for all of us."

Focus on Kinark's Newly Revamped ISSP Program



Dr. Laurel Johnson, Associate Clinical Director of Forensic Services

Dr. Laurel Johnson, PhD, C.Psych, Associate Clinical Director of Forensic Services and the Interim Supervisor of the Intensive Support and Supervision Program (ISSP) at Kinark agrees that children and youth need well-rounded, child-centred, supportive services. With this in mind, she is redesigning the program to not only improve protocols and processes but to also update the program to include stronger clinical services.

ISSP is designed to support youth by addressing both their mental health issues and criminal behaviour while increasing their ability

to lead productive lives in the community, offering an alternative for kids that have had conflict with the law but that can be safely supported in the community.

ISSP Takes The Child's Entire Life Into Consideration

The revitalized program goes well beyond traditional therapeutic support. "When we understand what these kids have been through and where they live, you can begin to understand the difficulties they are facing," says Dr. Johnson.

Each youth has access to therapists, therapeutic support workers, psychologists, psychiatrists, and also receives an individualized assessment of their financial, housing, educational, vocational, and transportation needs. "In some circumstances, we have even met with schools to advocate and assist in managing the youth," says Dr. Johnson. Children and youth also have 24-hour access to an on-call therapist.

"We are working to make ISSP the gold standard clinical service for these kinds of kids. No other community program in Ontario offers the same level, type and intensity of intervention that this program does."

Dr. Johnson maintains a realistic perspective that this is a newly revamped program and that changes don't happen with kids overnight.

"Even just a little movement is movement, so we can set them off on a path they wouldn't have otherwise discovered without us."

Parent Mentor Offers a Guide to Navigate The System

Pilot Program Offers Support To Families Navigating The Mental Health System

Dealing with a diagnosis of a mental illness for your child can be confusing and isolating, not only for the child, but the entire family. Sarah Cannon knows this, first-hand. She has a daughter with bipolar disorder. Sarah also lost her husband, who also had bipolar disorder, to suicide. As the Executive Director of Parents for Children's Mental Health (PCMH) Ontario, Sarah now plays a pivotal role in helping parents like herself.

About five years ago, she and Cathy Dandy, Director Parent and Youth Engagement, at Kinark Child and Family Services recognized a need to support parents. As a result, their organizations partnered to develop a peer support program for families. The pilot program, which has been funded by the Ministry of Children and Youth Services in Ontario, aligns families with a parent that can empathize with what they are going through – “a parent who not only has a child with a mental illness like themselves, but has also navigated the system,” explains Cathy.

Armed with this real-life experience and formal training, they act as a guide to both emotionally and physically help the families navigate the mental health, education, and justice systems, as well as realize and utilize their own strengths as a family.

Although clinical services definitely have their value, says Sarah, a gap often exists between clinical services and what families are actually able to access. “The reality is that clinicians don't go home with you. It's just nice to speak with someone who has been on a similar journey,” says Sarah.

Supporting The Family Unit

The Family Support Program (FSP) takes a big picture approach to support the entire family by recognizing that each person in the family plays a crucial role in how well the family functions. “We consider the strengths and needs of Mom, Dad and any siblings, too,” explains Cathy. They do this by initially assessing the family's needs then developing a support plan, which sets goals for the family based on these needs. As these goals are met, new goals are then established. “As each family is unique, so is their plan.”

Sometimes the solution can be simple. If the mother is struggling to get the laundry done, the parent mentor may encourage things such as the father taking the kids to swim so she can finish. Other times, families are facing more difficult issues such as es-



Cathy Dandy, Director Parent and Youth Engagement

tablishing stronger supports. FSPs also advise families on cumbersome tasks such as filling out application forms and navigating the education system. “Although we are definitely not a concierge service,” says Sarah, “we teach the families how to access opportunities, while relying on their own strengths.”

'Every Door Is The Right Door'

Aligning with the slogan, ‘every door is the right door’, eventually they hope to extend the program. With the backing of the Ministry, the program has the potential to change how families experience the mental health system.

Although it is still in the pilot phase and they are continually learning how to improve the program, one thing is clear: “this program is truly having a huge, positive impact on families,” says Cathy.

Research Partnerships

Kinark is involved in a number of collaborative research projects with other mental health service providers who share our goal of improving outcomes for children and youth through better quality and access to mental health services.

The Offord Centre for Child Studies

The Kinark Research and Evaluation Department is working in collaboration with the Offord Centre for Child Studies at McMaster University on a research study comparing two assessment methods to help identify the most effective way of measuring the feelings and behaviours of children and youth. The results from this study will help to inform the Ontario Child Health Study Sequel. The original Ontario Child Health Study, published in 1983, was considered ground breaking in the field of children's mental health. The results from the Describing Feelings and Behaviours research study will help Kinark inform and better understand its intake assessment process and ensure we are providing the best care for children and youth.

Applied Behaviour Analysis

Kinark has joined Applied Behaviour Analysis Services (ABAS) providers across the central eastern region of Ontario to evaluate the effectiveness of newly established ABA programs in York, Simcoe and the Four Counties. Kinark staff, in collaboration with clinical staff from York/Simcoe, recently presented some of the preliminary findings from this study at the Ontario Applied Behaviour Analysis (ONTABA) conference in 2012. Kinark also hosts and attends a number of provincial collaborations, which support a common approach to the monitoring of clinical outcomes across the ABAS system including the Child and Adolescent Needs and Strengths learning collaborative. The tools developed in this partnership will help inform Kinark's assessment and clinical outcome monitoring processes and strengthen our connections with other community health providers.

St. Joseph's Healthcare Hamilton

The Hamilton Anatomy of Risk Management (HARM) is a tool developed by clinicians and researchers at St. Joseph's Healthcare Hamilton as a response to a need to accurately identify the risk of violence at in-patient units. This year, Kinark's Syl Apps Youth



Centre partnered with St. Joseph's Healthcare Hamilton in developing an adolescent version of this violence risk assessment tool called the HARM-Youth Version. The first draft of the HARM-YV was completed in the summer of 2012 and has been in use in our secure treatment unit for approximately nine months with excellent response. The results of the initial research were presented at the November 2012 Canadian Academy of Psychiatry and the Law Annual Conference. The collaboration with St. Joseph's will support the completed development and ongoing evaluation of the tool.

Kinark Demonstrates Commitment to Children During CMHW

Kinark Celebrates CMHW With Green Ribbons And Photo/Video Contests



Kinark Child and Family Services is committed to helping children, youth and families live socially and emotionally healthy lives by helping eliminate the stigma associated with mental health and making it easier for people to reach out for help. The agency demonstrated this commitment during Children's Mental Health Week (CMHW), which occurred May 6-12, 2012, through several initiatives.

Every year, the staff at Kinark spreads awareness for Children's Mental Health Week by wearing green ribbons and sharing their meaning with family and friends. The green ribbon was adopted by children's mental health agencies across North America in an effort to break down the barriers that prevent children, youth and families from seeking help. This year, Kinark called on the support of Facebook users to not only wear the green ribbons, but to be creative in their presentation of it through the use of photography. We were excited at the number of entries we received as people shared their photos on Facebook. Friends and family were then invited to vote for the best photo. The individual whose photo had the most votes won a new digital camera.

Building on the tremendous amount of media coverage about bullying and the tragic impact it can have on youth, Kinark also wanted to give our communities the opportunity to ‘Speak Out Against Bullying’ through an online video contest. At Kinark Child and Family Services, we understand that bullying does not affect only one person. It can also lead to depression, eating disorders and other mental health issues, which increase the risk of suicide.

Through partnerships with schools and online audiences, Kinark ran the ‘Speak Out Against Bullying’ video contest during Children's Mental Health Week. Participants were asked to submit a video that delivered an anti-bullying message through the spoken word, storytelling, poetry, music or acting performance. Videos were submitted by school groups, former and current clients and Facebook fans, and then shared through Facebook in a race for votes. The winner received a WiFi tablet.

Independent Auditor's Report on The Condensed Financial Statements

To the Members of Kinark Child and Family Services

The accompanying condensed financial statements, which comprise the condensed statements of financial position as at March 31, 2013, March 31, 2012 and April 1, 2011 and the condensed statements of operations and changes in fund balances for the years ended March 31, 2013 and March 31, 2012, are derived from the audited financial statements of Kinark Child and Family Services for the years ended March 31, 2013 and March 31, 2012. We expressed an unmodified audit opinion on those financial statements in our report dated June 3, 2013. Those financial statements, and the condensed financial statements, do not reflect the effects of events that may have occurred subsequent to the date of our report on those financial statements.

The condensed financial statements do not contain all the disclosures required by Canadian accounting standards for not-for-profit organizations. Reading the condensed financial statements, therefore, is not a substitute for reading the audited financial statements of Kinark Child and Family Services.

Management's Responsibility for the Condensed Financial Statements

Management is responsible for the preparation of a condensed version of the audited financial statements in accordance with the basis described in the note to the condensed financial statements.

Auditor's Responsibility

Our responsibility is to express an opinion on the condensed financial statements based on our procedures which were conducted in accordance with Canadian Auditing Standard, (CAS) 810, "Engagements to report on Summary Financial Statements."

Opinion

In our opinion the condensed financial statements derived from the audited financial statements of Kinark Child and Family Services for the years ended March 31, 2013 and March 31, 2012, are a fair summary of those statements on the basis described in the note to the condensed financial statements.

Shore Newman & Rose LLP
Licensed Public Accountants
North York, Ontario
June 3, 2013

Condensed Statements of Financial Position

As at March 31, 2013, March 31, 2012 and April 1, 2011

	2013	2012	April 1, 2011
ASSETS			
Current assets			
Cash on hand and in bank	\$ -	\$ 644,218	\$ 1,527,586
Investments	711,273	527,215	941,721
Sundry receivables	567,571	513,387	912,458
Due from Ministry of Children and Youth Services	-	466,638	-
Prepaid expenses and sundry	871,972	696,878	913,960
	2,150,816	2,848,336	4,295,725
Capital assets			
Investments	5,350,805	5,795,178	5,499,010
Deposit on leases	716,726	870,047	428,421
	108,717	103,717	103,717
	\$ 8,327,064	\$ 9,617,278	\$ 10,326,873
LIABILITIES AND FUND BALANCES			
Liabilities			
Bank indebtedness	\$ 988,554	\$ -	\$ -
Accounts payable and accrued liabilities	2,164,545	3,030,704	3,088,850
Accrued salaries payable	1,093,967	1,103,650	1,629,014
Employees payroll deductions payable	271,337	573,600	592,069
Government remittances	134,846	164,028	97,597
Deferred special contract revenue	464,902	907,362	930,430
	5,118,151	5,779,344	6,337,960
Fund balances			
Capital Assets fund account	\$ 5,350,805	\$ 5,795,178	\$ 5,499,010
Central East Treatment Programs fund account	(1,706,983)	(1,521,115)	(1,519,638)
Central West Region Programs fund account	(510,940)	(512,114)	(46,420)
Central Region Programs fund account	(51,081)	(51,081)	(69,629)
Central East Autism Program ("CEAP") fund account	85,292	160,015	160,015
Autism Spectrum Disorder - School Support Program ("ASD-SSP") fund account	29,014	(45,707)	(45,706)
Child Care Centres fund account	12,806	12,758	11,281
	3,208,913	3,837,934	3,988,913
	\$ 8,327,064	\$ 9,617,278	\$ 10,326,873

Condensed Statements of Operations and Changes in Fund Balances

For the years ended March 31, 2013 and March 31, 2012

	Capital Assets Fund		Central East Treatment Programs		Central West Region		Central Region	
	2013	2012	2013	2012	2013	2012	2013	2012
Operating revenues								
Government funding	\$ -	\$ -	\$ 22,190,538	\$ 21,369,632	\$ 5,091,095	\$ 5,075,521	\$ 7,712,692	\$ 8,149,692
Other contract funding and user fees	-	-	3,504,361	3,793,523	300,000	300,000	-	-
Child care	-	-	-	-	-	-	-	-
Donations and fund-raising	-	-	72,598	99,638	-	-	-	-
Interest	-	-	39,030	39,845	-	-	-	-
	-	-	25,806,527	25,302,638	5,391,095	5,375,521	7,712,692	8,149,692
Operating costs								
Salaries and benefits	-	-	19,154,117	17,817,502	4,566,899	4,781,128	6,525,340	6,362,177
General agency	-	-	2,267,717	1,978,214	53,354	73,571	126,394	118,494
Building occupancy	-	-	2,045,061	1,961,792	171,780	267,132	162,079	261,289
Staff travel and training	-	-	801,461	1,106,732	64,283	82,794	124,998	151,009
Clinical, professional and other client	-	-	324,552	638,141	446,062	400,178	623,643	584,075
Telephone, technology and equipment	-	-	903,477	1,017,313	27,941	38,105	66,740	112,125
Legal, audit and insurance	-	-	379,786	223,084	52,427	173,225	56,393	504,351
Donations and fund-raising service use	-	-	3,854	4,012	-	-	-	-
	-	-	25,880,025	24,746,790	5,382,746	5,816,133	7,685,587	8,093,520
Excess (deficiency) of revenues over costs for the year before amortization	-	-	(73,498)	555,848	8,349	(440,612)	27,105	56,172
Amortization	-	-	414,574	434,152	27,230	170,640	44,181	64,078
Excess (deficiency) of revenues over costs for the year	-	-	(488,072)	121,696	(18,881)	(611,252)	(17,076)	(7,906)
Fund balances, beginning of the year	5,795,178	5,499,010	(1,521,115)	(1,519,638)	(512,114)	(46,420)	(51,081)	(69,629)
Transfer additions to capital assets fund	234,272	1,075,881	(112,370)	(557,325)	(7,175)	(25,082)	(27,105)	(37,624)
Transfer amortization to capital assets fund	(678,645)	(779,713)	414,574	434,152	27,230	170,640	44,181	64,078
Fund balances, end of the year	\$ 5,350,805	\$ 5,795,178	\$ (1,706,983)	\$ (1,521,115)	\$ (510,940)	\$ (512,114)	\$ (51,081)	\$ (51,081)

Condensed Statements of Operations and Changes in Fund Balances

For the years ended March 31, 2013 and March 31, 2012

	Autism Services		Child Care Centres		Total	
	CEAP	ASD-SSP	CEAP	ASD-SSP	CEAP	ASD-SSP
	2013	2012	2013	2012	2013	2012
Operating revenues						
Government funding	\$ 23,513,955	\$ 23,513,955	\$ 4,519,700	\$ 4,519,700	\$ -	\$ -
Other contract funding and user fees	-	-	53,608	-	-	-
Child care	-	-	-	-	778,485	892,163
Donations and fund-raising	-	-	-	-	-	-
Interest	-	-	-	-	-	-
	23,513,955	23,513,955	4,573,308	4,519,700	778,485	892,163
Operating costs						
Salaries and benefits	6,840,828	6,890,773	3,712,986	3,198,234	648,228	709,500
General agency	231,208	239,807	25,920	121,869	947	30,180
Building occupancy	387,792	105,627	101,423	167,000	52,137	61,337
Staff travel and training	176,887	142,742	196,266	183,418	1,110	1,207
Clinical, professional and other client	15,790,331	15,858,634	238,682	483,673	73,343	84,569
Telephone, technology and equipment	58,110	82,195	216,860	100,032	2,672	3,893
Legal, audit and insurance	22,350	3,802	-	-	-	-
Donations and fund-raising service use	-	-	-	-	-	-
	23,507,506	23,323,580	4,492,137	4,254,226	778,437	890,686
Excess (deficiency) of revenues over costs for the year before amortization	6,449	190,375	81,171	265,474	48	1,477
Amortization	97,351	71,154	91,895	35,518	3,414	4,171
Excess (deficiency) of revenues over costs for the year	(90,902)	119,221	(10,724)	229,956	(3,366)	(2,694)
Fund balances, beginning of the year	160,015	160,015	(45,707)	(45,706)	12,758	11,281
Transfer additions to capital assets fund	(81,172)	(190,375)	(6,450)	(265,475)	-	-
Transfer amortization to capital assets fund	97,351	71,154	91,895	35,518	3,414	4,171
Fund balances, end of the year	\$ 85,292	\$ 160,015	\$ 29,014	\$ (45,707)	\$ 12,806	\$ 12,758

Note: This condensed financial information is extracted from the annual financial statements audited by Shore Newman & Rose LLP. A copy of the complete audited financial statements is available at <http://www.kinark.on.ca>. This condensed financial information has been prepared in accordance with criteria developed by management. These criteria require management to ensure: 1) the condensed financial information agrees with or can be recalculated from the annual audited financial statements; 2) the condensed financial information contains the necessary information and is at an appropriate level of aggregation, so as not to be misleading to the users of this information, and 3) adequate disclosure of these criteria.

Kinark Leadership

Through capable and committed stewardship, we are inspired to realize our goals and strive toward a shared vision that has a meaningful impact upon the lives of children, youth and families.

2012-2013 Board of Directors

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Past-Chair

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Vice-Chair

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Director, Clinical Services

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Clinical Director, Community
Mental Health Services

Ryan Rossman
Director, IT and
Communications Systems

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Ombudsman and Privacy Officer

Gerry Watson
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Interim Program Director, Durham Region

James McHardy
Director, Kinark Outdoor Centre

Kathy Newton
Director, Corporate Services

Anne Rappé
Director, Communications

Christine Simmons-Physick
Program Director, York Region

Barnabas Walther
Program Director, Simcoe County &
Director, Community
Mental Health Planning

Alan Vallillee
Program Director, Peterborough
and Northumberland Counties

Staff Service Awards

Central East Autism Program

5 Year Michelle Gilad
5 Year Farnoush Mazhari
5 Year Casey Burge

Corporate

5 Year Mila Cumpa
5 Year Joseph Sebastian
5 Year Chiu-Hong Chow
5 Year Yan Li
10 year Pathmini Wignarajan
15 Year Timothy Harding
20 Year Stephen Greene

Durham

5 Year Bright Frimpong
5 Year Sandra Boyd
5 Year Anna Francis
10 year Rhonda Davey
10 year Linda Gilhooly
10 year Shelley Hill
20 Year April McArthur

Intensive Support and Supervision Program

5 Year Denise Lynch-Lacroix

Kinark Outdoor Centre

5 Year Roy McNeil
5 Year Mary Ackerblade
20 Year Stephen Stevens

Northumberland

20 Year Sharon Smith
25 Year Bonita Mitchell

Peterborough

5 Year Joanne McCarthy
5 Year Mary Kilby
10 year Michelle Arndt
10 year Joelle Latchford
15 Year Julie Booth
25 Year Patricia Giles
25 Year Susan Soars
25 Year Paulette O'Brien
30 Year Mark Wilkins

Syl Apps Youth Centre

5 Year Edward Fabian
5 Year Kelly D'Souza
5 Year Julie Hannigan
5 Year Kevin Ho-Young
5 Year Liza Howell
10 year Mary-Ann Renaud
25 Year Isabel Leitao

Simcoe

5 Year Cynthia Sangiuliano
5 Year Heather Herrington
5 Year Ryan O'Hallarn
5 Year Jacqueline Foster
10 year Larry Shields
10 year Valerie Callus
10 year Donna Arts
10 year Amanda Campbell
10 year Beverly Dececco
10 year Lacey Parker
15 Year Kimberly Davies
15 Year Andrew Milner
15 Year Christine Gatien
20 Year Allison Belcourt
20 Year Shelley St. Amant
20 Year Margaret Quesnelle
25 Year Cathy Pottage
25 Year Audrey Irving
25 Year Doris Cadeau

School Support Program

5 Year Niki Van Kessel
5 Year Paulette Goddard-Jarvis

Vanier Residence

5 Year Catherine Smyth

York

5 Year Samantha Cowx
5 Year Dianne Lotto
10 year Christian Scenna
10 year Rob Magloughlen
10 year Tamara Cocks
10 year Deborah Wilcox
15 Year Sherrie Thynne
20 Year Dustin Carroll
25 Year Linda Sands



Kinark
CHILD AND FAMILY SERVICES

Our Locations

Kinark Outdoor Centre

P.O. Box 730
Minden ON K0M 2K0
1-800-805-8252
www.koc.on.ca

Syl Apps Youth Centre

475 Iroquois Shore Road
Oakville ON L6H 1M3
905-844-4110

Autism Services

600 Alden Road, Suite 200
Markham ON L3R 0E7
905-479-0158 or 1-800-283-3377

Corporate Office and Kinark Foundation

500 Hood Road, Suite 200
Markham ON L3R 9Z3

Durham Region

20 Sunray Street, Unit 1
Whitby ON L1N 8Y3

Northumberland County

20 Strathy Road, Unit 3
Cobourg ON K9A 5J7

Campbellford Memorial Hospital

146 Oliver Road, Room 254, 2nd Floor
Campbellford ON K0I 1L0

Peterborough County

380 Armour Road, Suite 275
Peterborough ON K9H 7L7

Simcoe County

34 Simcoe Street, Suite 301
Barrie ON L4N 6T4

788 Yonge Street, Unit 3
Midland ON L4R 2E6

York Region

24 Orchard Heights Blvd., Unit 101A
Aurora ON L4G 6T5

600 Alden Road, Suite 200
Markham ON L3R 0E7

184 Simcoe Street
Keswick ON L4P 2H7

Vaughan Region

8551 Weston Road, Unit 9A
Vaughan ON L4L 9R4

Central Intake:
1-888-4-KINARK (454-6275)



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