
AUTISM FAMILY RESPITE SAMPLE SCHEDULE

Day 1

5:00 – 8:00

Arrival any time after 5:00pm
Meet and Greet with staff
Site Orientation
Dinner
Board Games, Puzzles, Eagle's Nest

Day 2

8:30 – Breakfast

9:00 – Staff Introductions

9:30 – 12:30 Parent Respite

Parents: Network & Coffee or Activities
Children with ASD 1:1 with staff
Sibling Program with KOC staff

12:30 – Lunch

1:15 – 1:45 - Rest / Free Time

1:45 – 4:00 Parent Respite

Parents: Free Time
Children with ASD 1:1 with staff
Sibling Program with KOC staff

4:15 – 5:15 Family Options

High Ropes, rock Climbing, Waterfront,
Archery

5:30 – Dinner

6:15 – 8:00 – Campfire & Family Games

Day 3

8:30 – Breakfast

9:15 – 10:45 – Family Options

Static Ropes, Waterfront, Archery

11:00 – 12:30 Parent Respite

Parents: Cabin Pack Up, Free Time
Children with ASD 1:1 with staff
Sibling Program with KOC staff

12:30 – Lunch

1:30 Families Depart