



Kinark
CHILD AND FAMILY SERVICES

2015-2016
Annual Report



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www.kinark.com



/kinark



@mykinark



MESSAGE FROM THE PRESIDENT & CEO AND CHAIR, BOARD OF DIRECTORS

VISION

A healthy future for Ontario's children and youth.

MISSION

Helping children and youth with complex needs achieve better life outcomes.

CORE VALUES

- Hold children and youth at the centre of all we do: Respect each client as an individual & each family as unique.
- Challenge ourselves to be the best: Understand best practices & continually improve.
- Achieve more together: Commit to effective teams, partnerships & service systems.
- Instill hope: Support children, youth and families to see the possibility of a better future.
- Lead: Influence positive change.

Welcome to Kinark Child and Family Services' 2015-2016 Annual Report.

At Kinark, we know it's the little things that make a big difference. For this reason, in this year's report we mindfully chose to outline and share the individual accomplishments and steps we took over the past year, in each of our program streams, including:

- Community-based Child and Youth Mental Health
- Forensic Mental Health/Youth Justice
- Autism

Each of these streams contribute to a larger vision outlined in our renewed [Strategic Plan \(2014-2019\)](#) and direction as an agency. These program streams will be leading service delivery over the coming years in a changing landscape of child and youth services in Ontario. Kinark provides leadership across the sectors we serve, and is committed to system improvement for the most complex children and youth.

We are proud to share these individual accomplishments and changes with you, as we continue to take the necessary steps to improve our overall services to ensure we make a difference for children and youth with complex needs and their families.

Cathy Paul
President and CEO
Kinark Child and Family Services

Mark Wakefield
Chair, Board of Directors
Kinark Child and Family Services



MESSAGE FROM
THE PRESIDENT...



OUR PROGRAMS



PROGRAM
LOCATIONS



MEET OUR
LEADERSHIP TEAM



FINANCIAL
SUMMARY



OUR PROGRAMS

Read What We
Accomplished in
CYMH This Year

Read What We
Accomplished in
Autism This Year

Read What We
Accomplished at
the KOC This Year

Read What We
Accomplished in
Forensic Mental
Health/ Youth Justice
This Year

COMMUNITY-BASED CHILD AND YOUTH MENTAL HEALTH

Kinark's team of experts provide a range of evidence-based services from early intervention and parenting programs, to residential day treatment and intensive in-home programs. Community-based child and youth mental health (CYMH) services are provided in collaboration with child welfare agencies, schools and school boards, hospitals, and other child and youth mental health agencies and community partners.

AUTISM

As one of the nine Lead Agencies for Autism in Ontario, Kinark supports children with Autism Spectrum Disorder (ASD) and their families throughout the Central and East regions of Ontario. Kinark delivers Intensive Behavioural Intervention (IBI) including increased supports for parents, caregivers, the school system and other service partners. Through the Connections for Students Program, the School Support Program (SSP) provides transition support to children leaving IBI and integrating into the educational system.

KINARK OUTDOOR CENTRE

Kinark operates the Kinark Outdoor Centre (KOC) in Minden, Ontario. The KOC offers therapeutic recreation and enhanced autism respite programs, including skill development, family enrichment and social recreation in a safe, well-supported and natural environment.

FORENSIC MENTAL HEALTH/YOUTH JUSTICE

Syl Apps Youth Centre (SAYC) is a secure mental health facility in Oakville that can provide support for up to 48 youth (male and female) mandated by the courts, including:

- Secure treatment (by the Child & Family Services Act—CFSA)
- Secure detention and custody (by the Youth Criminal Justice Act—YCJA)
- By order of the Ontario Review Board (only facility in Ontario designated for youth)

In addition, Kinark offers community-based forensic mental health/youth justice services.

- Intensive Support and Supervision Program (ISSP) is an alternative to custody for youth in conflict with the law with significant mental health issues who can be safely supported in the community. It provides youth with comprehensive assessment and treatment to address their behaviour and mental health issues, while assisting them to build their capacity to live productive lives.



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THE PRESIDENT...



OUR PROGRAMS



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This year we:

Streamlined our services to be more efficient and targeted for clients and their families.

- We continue to restructure our community CYMH services to make sure clients and their families receive the services they need in a more timely way. One of the things Kinark did was to introduce a common assessment tool to better identify behavioural, social, and emotional needs early on to ensure clients receive the most appropriate services. This means more specifically directed treatment and less time on waitlists.

Published our first Policy Paper, entitled “Strengthening Children’s Mental Health Residential Treatment through Evidence and Experience”.

- This paper was developed by drawing on our extensive analysis of existing research evidence and our decades of experience as a residential treatment provider. The paper was shared with policy makers and Kinark’s service partners. In this paper, Kinark calls on the government and service providers to commit to an improved system for children and youth with mental health issues that is rooted in strong capacity for individual assessments. The paper is available at www.kinark.on.ca.

- In October 2015, we co-hosted a community forum with Children’s Mental Health Ontario and the Ontario Hospital Association to discuss ideas for shaping the transformation of residential treatment across the province with community partners and decision-makers.

Continued to work for better CYMH services for children, youth and their families.

- We completed our first year as Lead Agency in York, working collaboratively with community partners to complete Core Service Delivery and Community Mental Health Plans. [Click here](#) to learn more about the Ministry’s Moving on Mental Health Strategy.
- We were appointed Lead Agency for CYMH by the Ministry of Children and Youth Services in both the Durham and Haliburton/ Kawartha Lakes/Peterborough service areas, to help coordinate better access to child & youth mental health services and supports that meet clients’ needs.
- [Click here](#) to read an article by Chris Simmons-Physick, Program Director, Community Mental Health (Central) about what we accomplished in the past year in York.

Number of Unique CYMH Clients by Program Area

York	766
Dual Diagnosis	42
Vanier	11
Simcoe	872
Durham	924
Peterborough	528
Northumberland	379
Haliburton / Mindon (KOC)	3,613
Total	7,135





AUTISM

This year we:

Further reduced wait time for Intensive Behavioural Intervention (IBI) service and the average age of children receiving service.

- Through on-going implementation of the recommendations from our Autism Services Review in 2012, we reduced the wait times for (IBI) by an average of 32 days. The average age of children receiving IBI service went from 7 years old to about 6 1/2 years old, allowing children to benefit from service earlier.

Improved our business processes so more time is devoted to the children we serve.

- To save time for parents, service providers and our staff, we introduced a one-time funding agreement with parents to replace the former contract that required review every 6 months.

Increased communication and collaboration with our community partners who provide service to clients receiving Direct Funding Option (DFO) services.

- Three research publications are currently under preparation by our clinicians.



Total Children Served

1,274

Autism

Service Received	Children Served
Intensive Behavioural Intervention (IBI)	472
Other related autism services	802
Total children served	1,274

School Support Program

Service Received	
# of hours served in Connections for Students Initiative	6,816
# of children served in Connections for Students Initiative	310
# of school board staff served in Connections for Students Initiative	1,429





KINARK OUTDOOR CENTRE (KOC)

This year we:

Welcomed nearly 4,000 people who participated in KOC programs.

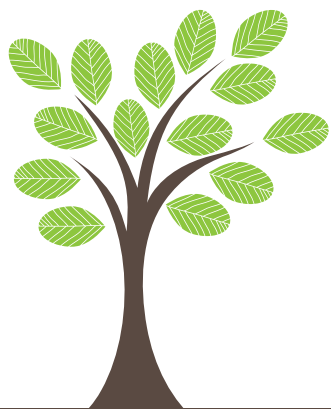
- 61 children attended the Kinark Outdoor Centre Autism Summer Camp, many sleeping away from home for the first time – and for a few it is even the first time sleeping in a different room or bed than their parents. Thanks to the Kinark Foundation this number is up by 10 campers.

Increased the number of families who could participate.

- Over 250 children, siblings, and parents attended Ministry-funded autism respite programs and 122 families attended therapeutic, recreational, and other kinds of respite programs.

Provided Respite support to families on the Autism waitlist.

- 97 families attended autism family respite programs while waiting for clinical services to begin.



3,613

Kinark Outdoor Centre Visitors



Kinark Annual
Report



CYMH



Autism



KOC



Forensic Mental
Health/Youth Justice



FORENSIC MENTAL HEALTH / YOUTH JUSTICE

This Year We:

Improved the Youth Advisory program to ensure our youth had a voice at Syl Apps Youth Centre.

- This program is designed to provide a two-way flow of communication between youth and staff. Youth from each unit are peer-nominated and convey information back to peers in their units, which then provides an opportunity for youth to voice any concerns to influence policy and program decisions.

Updated Dialectical Behaviour Therapy (DBT) training and intervention for staff.

- DBT is an evidence-based treatment and one of the best practice modalities for youth in forensic mental health/youth justice settings. This year Child and Youth Workers (CYWs) received updated training to support youth at SAYC to receive the most up-to-date and effective clinical intervention to meet their needs.

Co-hosted an annual school symposium with the Halton District School Board (HDSB) for knowledge exchange and networking with professionals who also work with complex youth.

- The Symposium offered an opportunity for professionals working with this population of at-risk and complex youth to share their experiences and best practices in helping these clients to succeed.
- Partners included: Halton Regional Police Department, probation officers, teachers from HDSB and other facilities, clinicians, Ministry Children and Youth Services, and the coroner.

Average Length of Stay by Program & Gender (Days)

Program	Female	Male	Transgender
Custody	47	81	
Detention	11	63	26
Detention & Custody	57	60	
Secure Treatment	271	249	

Clients Served By Age

Age Group	Clients Served
<14	3
14-16	88
17-18	80
19+	3





PROGRAM LOCATIONS & SERVICE AREA



Head Office & Kinark Foundation

500 Hood Road, Suite 200,
Markham ON L3R 9Z3

Kinark Outdoor Centre

HALIBURTON

P.O. Box 730
Minden ON K0M 2K0

Central East Autism Program

AUTISM SERVICES

600 Alden Road, Suite 200
Markham ON L3R 0E7

DURHAM REGION

Lake Ridge Community Support Services
900 Hopkins Street
Whitby ON L1N 6A9

FOUR COUNTIES

Tri-County Community Support Services
349A George Street North, Suite 303
Peterborough ON K9H 3P9

YORK AND SIMCOE REGIONS

Centre for Behaviour Health Sciences
Mackenzie Health
13311 Yonge St, Suite 115
Richmond Hill, Ontario L4E 3L6

Forensic Mental Health/Youth Justice

HALTON REGION

Syl Apps Youth Centre
475 Iroquois Shore Road
Oakville ON L6H 1M3
905-844-4110

YORK REGION

Intensive Support and Supervision
8551 Weston Road, Unit 9A
Vaughan, ON L4L 9R4

Child & Youth Mental Health Offices

DURHAM REGION

20 Sunray Street, Unit 1
Whitby ON L1N 8Y3

NORTHUMBERLAND COUNTY

146 Oliver Road, Suite 210
Campbellford ON K0I 1L0

20 Strathy Road, Unit 3
Cobourg ON K9A 5J7

PETERBOROUGH COUNTY

380 Armour Road, Suite 275
Peterborough ON K9H 7L7

SIMCOE COUNTY

34 Simcoe Street, Suite 301
Barrie ON L4N 6T4

788 Yonge Street, Unit 3
Midland ON L4R 2E6

YORK REGION

24 Orchard Heights Blvd, Unit 101A
Aurora ON L4G 6T5

184 Simcoe Street
Keswick ON L4P 2H7

8551 Weston Road, Unit 9A
Vaughan ON L4L 9R4



MESSAGE FROM
THE PRESIDENT...



OUR PROGRAMS



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MEET OUR
LEADERSHIP TEAM



FINANCIAL
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MEET OUR LEADERSHIP TEAM

2015/2016 Leadership Team

- **Dr. Caroline Roncadin**, Clinical Director, Autism Services
- **Christine Simmons-Physick**, Program Director, Child & Youth Mental Health (Central)
- **Frances Donovan**, Program Director, Autism Services
- **Gerry Watson**, Administrative Director, Syl Apps Youth Centre
- **Gordina Schellenberg**, Chief, Nursing
- **Jane Isbister**, Camp Director (A), Kinark Outdoor Centre
- **Dr. Jeff Wong**, Clinical Director, Forensic Services
- **Dr. Laurel Johnson**, Clinical Director, Child & Youth Mental Health & Chief, Psychology
- **Lil Rourke**, Director, Finance
- **Matt Sheridan**, Director (A), Policy & Planning
- **Dr. Rod Evans**, Senior Clinical Advisor, Forensic Services and Chief, Psychiatry
- **Ryan Rossman**, Director, Information, Technology & Telecommunications
- **Sheila Schweizer**, Director, Human Resources
- **Suzanne Villeneuve**, Executive Assistant / Board Liaison
- **Teresa Scheckel**, Program Director, Child & Youth Mental Health (East)

2015/2016 BOARD OF DIRECTORS

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Executive Officer**



Karim Ramji
**Chief Information
Officer**



Cynthia Weaver
**Vice President,
Strategic Initiatives**



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FINANCIAL SUMMARY

For the Year ended 31 - Mar - 16

	2016	2015
OPERATING REVENUES		
Government Funding	\$ 68,318,431	\$ 66,617,467
Other Revenues	4,235,214	3,929,255
	<u>72,553,645</u>	<u>70,546,722</u>
OPERATING COSTS		
Salaries and Benefits	44,632,016	43,175,927
Other Costs	27,174,903	27,657,625
	<u>71,806,919</u>	<u>70,833,552</u>
EXCESS (DEFICIENCY) OF REVENUES OVER COSTS FOR THE YEAR	\$ 746,726	\$ (286,830)



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Have **questions** or **comments** about the content found in this year's report? We'd like to hear what you think. Email us at info@kinark.on.ca

This annual report will be available in French on Kinark's website at <http://www.kinark.on.ca>
Ce rapport annuel sera disponible en français sur le site de Kinark à <http://www.kinark.on.ca>



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